Pon't give in to despair or self-hatred. There is hope and there is healing for men like me who have lost a child to abortion.

—Pave

## myth

The best thing to do is to forget about it and move on. You can't change what happened. Healing programs don't help and just make you feel worse.

## **TRUTH**

If you are a man who has lost a child to abortion, you know it is impossible to forget and you are paying a high price to repress those painful feelings and memories.

It's time to end your isolation and take the next step in your recovery.

The Silent No More Awareness Campaign has an Abortion Recovery Resource Page where you can find programs that have proven over time to bring relief and restoration to men and women after abortion. Visit **AbortionForgiveness.org** to start healing.

Take the next step and get the help you need. Opening this wound to the light of truth will bless your life and your family and business relationships.

— Kevin Burke, LSW-Pastoral Associate, Silent No More Awareness Campaign & Rachel's Vineyard

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- 3 Kevin Burke, LSW, Sharing the Heart of Christ.
- 4 Dr David Reardon, **The Unchoice. Men Abortion and Suicide.** http://www.theunchoice.com/Men/mensuicide.htm
- 5 Elizabeth Ring-Cassidy, **Women's Health after Abortion: The Medical and Psychological Evidence**. December 2004. Chapter 16, Abortion: Its Effect on Men.



#### **Georgette Forney**

Co-Founder, Silent No More Awareness President, Anglicans For Life Georgette@SilentNoMore.com (412) 749 0455

#### **Janet Morana**

Co-Founder, Silent No More Awareness Executive Director, Priests for Life Janet@SilentNoMore.com (321) 500-1000

#### **ProLife Leader Frank Pavone**

Pastoral Director, Silent No More Awareness National Director, Priests for Life Mail@PriestsforLife.org (321) 500-1000

#### **Kevin Burke, LSW**

Pastoral Associate, Silent No More Awareness , Priests for Life, and Rachel's Vineyard Kevin@SilentNoMore.com (321) 500-1000

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