



**Calgary**

Jyoti Gondek, Mayor

## PROCLAMATION

*Wear Red Canada Day* is celebrated across our country to raise awareness about women's heart health. Cardiovascular health and wellness are important for all Canadians but significantly so for women: heart disease is the leading cause of premature death for women worldwide.

Whereas: The symptoms and risk factors of cardiovascular disease for women are different from men, so women need to be aware of these differences;

Whereas: Heart disease is largely preventable by reducing the risk factors and adopting healthy habits;

Whereas: Calgarians are encouraged to wear red on February 13 and learn more about protecting their heart health.

On behalf of City Council and the citizens of Calgary, I hereby proclaim February 13, 2022 as:

### WEAR RED CANADA DAY

**JYOTI GONDEK**  
**MAYOR**

