



OLIVIA CHOW  
MAYOR

# *Proclamation*

## **Wear Red Canada Day**

**February 13, 2024**

WHEREAS today we wear red to raise awareness about women's heart health.

Heart disease is the number one killer of women worldwide and the leading cause of premature death in Canadian women. Although cardiovascular diseases affect 1 in 3 women, women are under-diagnosed, under-treated and often unaware of their cardiovascular health.

There is hope as heart disease is preventable and 80 per cent of a woman's risk factors are within her control. Early detection, a healthy lifestyle and management of medical conditions can all help reduce the risks of heart disease.

We can advocate for better health outcomes for women by beginning the conversation and encouraging them to be proactive in managing their heart health and wellness.

The City gratefully acknowledges organizations that help to raise awareness of diseases and conditions that impact our residents, while offering them supports to live with these diseases.

NOW THEREFORE, I, Mayor Olivia Chow, on behalf of Toronto City Council, do hereby proclaim **February 13, 2024 "Wear Red Canada Day"** in the City of Toronto.

A handwritten signature in blue ink, reading "Olivia Chow".

Olivia Chow  
Mayor of Toronto

