

I - Innovation

GAUMARD'S VICTORIA®S2200 COMES TO ST. JOHN'S: MEET THE CLINICAL LEARNING CENTER'S LATEST ADDITION

VICTORIA®S2200, one of the most advanced labor and delivery simulators, has been acquired for the new Clinical Learning Center (CLC) through a generous \$100,000 donation from the St. John's Medical Staff to the St. John's ICARE Foundation.

After thorough interviews and engagement with all hospital stakeholders, Eric Stern, the Director of Simulation, concluded that VICTORIA was the ideal simulator to enhance obstetrical training for residents and professionals.

Designed by Gaumard Scientific, a medical training company based in Miami, VICTORIA®S2200 is a state-of-the-art birthing simulator with a wide range of tools and software services. According to the company, VICTORIA is the most advanced labor and delivery simulator globally, offering realistic clinical experiences from early pregnancy complications to high-risk deliveries and postpartum emergencies.

The CLC Simulation Lab, located just 100 yards from the St. Johns' Labor and Delivery Unit on the main campus, will soon be able to replicate challenging childbirth scenarios in a safe environment. The high level of interest in VICTORIA's capabilities reflects EHS' dedication to the community. Director Stern, who has extensive training and experience with VICTORIA, said the CLC Sim Lab has already scheduled learning sessions in anticipation of VICTORIA's arrival.

C - Compassion

A JOYFUL JOURNEY FOR CHILDREN ATTENDING ICARE'S HOLIDAY TOY TRAIN

Over 700 children from the Five Towns, Rockaways, and surrounding areas were delighted to receive an abundance of beautiful toys this holiday season at the St. John's ICARE Foundation's Holiday Toy Train event on December 15, 2023.

The event took place at the Five Towns Community Center, where 2,000 toys were distributed by dedicated volunteers from National Grid, Spin Master, members

of the St. John's Episcopal Hospital Auxiliary, and the Episcopal Health Services staff.

In addition to receiving toys and treats, the children enjoyed meeting and taking photos with Santa Claus and the beloved "Chase" from Paw Patrol.

Gwynn Campbell, the President of the Five Towns Community Center Board, expressed gratitude, saying, "It was incredibly generous of the St. John's ICARE Foundation and our local hospital, St. John's Episcopal Hospital, to spread holiday cheer in our community at the Five Towns Community Center. This community has been in need of love, and what better time to receive it than during the holidays. Our children, families, and staff were thrilled to receive such wonderful gifts and are eagerly anticipating next year's event."

The success of this event depends on support from our partners, sponsors, and countless caring individuals. We are especially grateful to *Spin Master, Five Towns Community Center, Members of the St. John's Hospital Auxiliary, Churches in the Episcopal Diocese, National Grid, Healthfirst, ICON Contracting, Beacon Rehab & Nursing Center, Peninsula Nursing and Rehabilitation Center, Kitty and Ed Lynch, and the Sakhai Family Foundation* for their generous contributions this year.



"Chase" from Paw Patrol stopped by ICARE's Holiday Toy Train event at the Five Towns Community Center.



St. John's Episcopal Hospital features a retail pharmacy in the lobby.

A - Accountability

+ SUPPORTING MEDICATION ADHERENCE: ICARE'S PHARMACY FUND

Since 2020, the St. John's ICARE Foundation has been supplying \$6,000 worth of VISA gift cards each year to the St. John's Episcopal Hospital retail pharmacy. These gift cards assist in covering the copays of patients who are being discharged and require life-saving medications but cannot afford them.

Thanks to yearly grant support from the Memorial Trust Fund of the ECW Diocese of Long Island, regular collections at Trinity St. John's In Hewlett, and individual contributions, the ICARE Foundation has helped hundreds of patients by offsetting the cost of hundreds of copays.

"The pharmacy fund program assists patients in staying compliant with their medication regimen and also alleviates the stress of post-discharge care. It provides them with a head start on their journey to recovery, and they are extremely grateful," shared Karen Muir, Chief Pharmacy Officer.

R - Respect

🎵 APPRECIATING CULTURAL DIVERSITY THROUGH ICARE'S HEALING 2 MUSIC PROGRAM

There is no denying the incredible healing power of music in healthcare. We invite you to join us in the lobby every second Tuesday of the month for our Healing2Music program, where you can witness for yourself the transformative effects it has on our patients, family members, visitors, and hospital staff, including doctors, nurses, administrators, and other dedicated service personnel. The music evokes a range of emotions, from singing and dancing to moving, smiling, and even shedding tears of joy.

"When we started the program last February, we didn't realize that our Healing2Music Program would also become a powerful vehicle for cultural appreciation," shared Nancy Leghart, ICARE's Executive Director. The ICARE Foundation showcases music from different cultures that resonate with the diverse population of our

patients and staff. This program brings joy and healing while educating our audience about various musical styles and instruments from different backgrounds.

All of our musicians are from the vibrant New York City area. Some of the talented individuals who have participated in our program include electric hip hop violinist Bri Blvck, saxophone player Alix "Buyu" Ambrose, sitar player Indro Roy-Chowdhury, steel panist Earl Brooks, Jr., guitarist Jean Chardavonine and bassist Mike O'Brien, vocalist and songwriter Norman Alexander, jazz trio Coco Breeze, cosmic artist and spiritualist Monvelyno, and classical viola player Jordan Bak.

The atmosphere in the lobby completely "changes" when the musicians start playing. Audience members have expressed their gratitude and shared their experiences:

"Where I work, there is a lot of stress, and the music during my lunch hour helped me face my department again. It made me feel so good and healed me. Music truly soothes the beast in a person. It's a saying that holds true. I hope she comes back again. It makes me feel so good." - EHS team member in response to Bri Blvck's performance.

"[Coco Breeze] was amazing. The Healing2Music Program was phenomenal. Thank you so much." - Family member of an EHS patient.

Countless studies have shown that music offers numerous benefits. It can help people manage stress, improve blood pressure, alleviate pain, enhance pain tolerance, and uplift overall mood and outlook. By incorporating diverse musical experiences into our Healing2Music program, we not only provide these benefits but also expose our audience to the cultural diversity present in our society, which can foster empathy, understanding, and appreciation.

Join us in celebrating music's healing and unifying power through our Healing2Music program. Together, let's continue to create a harmonious and inclusive environment that promotes wellness and cultural understanding. If you are interested in supporting this program, please visit sjicarefoundation.org.



Indro Roy-Chowdhury, professional and world-renowned Sitar player.



Rev. Claire Mis and congregant member drop off gifts from St. John's Episcopal Church - Huntington.

E - Empathy

BRINGING HOLIDAY CHEER: THE ADOPT-A-FAMILY PROGRAM'S GIFT-GIVING TRADITION

The holiday season is a time of joy, love, and giving. It is a time when communities come together to support those in need, especially families facing financial hardships. One program that embodies the spirit of the season is our St. John's Hospital Auxiliary Adopt-A-Family program. This heartwarming initiative connects generous individuals or organizations with families who could use extra support during the holidays. Through their kindness and compassion, these donors bring smiles, warmth, and hope to families who may be struggling.

The Adopt-A-Family program aims to make the holiday season a little brighter for families who may not have the means to celebrate in traditional ways. These families often face financial constraints that make providing gifts, food, and other holiday essentials for their loved ones difficult. The program matches donors, consisting of Episcopal Churches and individuals, with families based on their preferences, such as family size or specific needs.

How It Works:

Through our outpatient clinics, participating families provide information about their needs, including the number of family members, ages, and any specific wishes or needs they may have. This information is then shared with potential adopters who either provide cash donations to the program or shop for gifts such as gift cards, clothing, household items, or any other items that will help make the holidays special for the adopted family. This year we matched 70 families with donors, providing over 200 individuals with holiday gifts.

The Impact of Adopting

The Adopt-A-Family program profoundly impacts both the families being adopted and the adopters themselves. For the families, it brings a sense of relief and joy during a time that can be stressful. Knowing that their children will have gifts to open and a special meal to share creates a sense of hope and belonging. For the donors, the experience can be incredibly fulfilling.

Stories of Love and Gratitude:

Countless heartwarming stories have emerged from the Adopt-A-Family program, showcasing the true spirit of the holiday season. Families who have been adopted express their gratitude for the outpouring of love and support they receive. They share stories of children's bright smiles and laughter as they unwrap gifts, share meals filled with warmth and love, and renew a sense of hope that comes from knowing they are not alone in their struggles.

One family member wrote, "Thank you for the gifts that you blessed me and my family with. This act of kindness will never be forgotten. My 97-year-old mother was so happy with the clothing and bedding. Her heart was deeply touched. She even cried."

The Adopt-A-Family program is a beautiful testament to the generosity and compassion that defines the holiday season. Through the simple act of adopting a family, individuals, and organizations can bring joy, love, and hope to those who need it most. This program supports families during a challenging time and strengthens the bonds within communities as people come together to spread kindness and create lasting memories. Special thanks to the Rommel Wilson Memorial Fund for contributing \$5,000 to the program this year and to our 2023 Adopt-a-Family donors for embracing the true spirit of the season and making a difference in the lives of our patients and their families.

Corporate Support

SPIN MASTER – A PARTNER BEYOND FUN AND GAMES

We cannot express enough gratitude to Spin Master, a global children's entertainment company, for their generous donations of toys, plush toys, and books to the ICARE Foundation.

These donations have brightened our yearly Holiday Toy Train event, monthly mother-baby bags, and our pediatric clinic, bringing smiles to countless children in the community. But what sets this partnership apart from others is the kindness and compassion of the Spin Master team, who go above and beyond to make a difference!

For three years, Spin Master has been a dedicated sponsor of the Holiday Toy Train event, providing thousands of toys and employees who volunteer at the event. The Spin Master team helped plan the event, designed the holiday toy train cars, and even created the event logo. Additionally, they have arranged appearances of characters from the beloved children's show "Paw Patrol," creating holiday magic and lasting memories for the children.

Spin Master strives to provide children worldwide with the opportunity to grow, explore, and learn through the power of play. Through in-kind donations, investments in educational programs, local community engagement, and





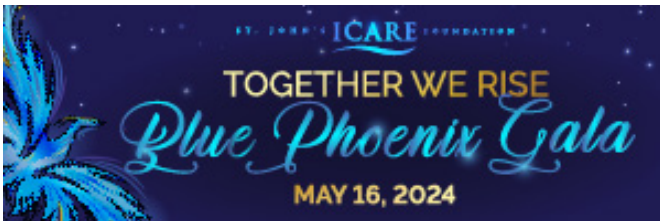
Spin Master Executive Asst. Heather Haddad and her colleagues help out at the Holiday Toy Train Event.

employee volunteerism, Spin Master empowers children to unleash their creativity and achieve the unimaginable.

"Spin Master's dedication to giving back to the community and bringing joy to children is truly commendable. We are incredibly grateful to the entire Spin Master team in Long Island City, who have become cherished friends and valued members of our ICARE family," expressed Executive Director Nancy Leghart.

ICARE SIGNATURE EVENTS

Introducing the 1st Annual Together We Rise - Blue Phoenix Gala!



The St. John's ICARE Foundation is thrilled to announce the 1st Annual Together We Rise Blue Phoenix Gala, which will take place on May 16, 2024, at the beautiful Village Club at Lake Success. This event is a formal blue tie affair that aims to celebrate our accomplishments and honor individuals and organizations that have made significant contributions to healthcare in the Far Rockaway community.

The phoenix symbolizes the transformative journey that Episcopal Health Services and St. John's Episcopal Hospital have undertaken in recent years. From renovated facilities and expanded services to our upcoming expansions in the hospital and in the community, our growth signifies our commitment to excellence and innovation. We have so much to celebrate!

At the Gala, we will be honoring Rosaline and Marvin Eisenstadt with the Philanthropic Legacy Award for their exceptional generosity in supporting healthcare initiatives. The Innovator in Healthcare Award will be bestowed upon Ross University School of Medicine and the American University of the Caribbean School of Medicine for their groundbreaking work in healthcare education. Florence Ferguson will receive the Dr. Edward Williams, Jr. Community Service Award for her outstanding efforts in making a positive difference in the lives of others.



Cheryl Wills

The Gala will also feature Emmy award-winning anchor, author, journalist, and Rockaway native Cheryl Wills as our Master of Ceremony. Guests can look forward to an evening of fine dining, signature drinks, special guest appearances, performances by our talented Healing2Music musicians, a silent auction, and more.

We are proud of our accomplishments and invite you to join us in celebrating this exciting time in our healthcare journey. Together, we will continue to rise, thrive, and provide exceptional care to all who entrust us with their well-being.

All proceeds from the Gala will go towards supporting St. John's Episcopal Hospital and its mission to provide quality healthcare services to the community.

For more information and to register, please visit bluephoenixgala.org.

27th Annual Invitational Golf Tournament

Monday, October 7, 2024 North Hills Country Club and Plandome Country Club

ST. JOHN'S ICARE FOUNDATION OFFICERS

Renee Hastick-Motes, President

Diane McCarthy, Treasurer

Bertrand Batista, Secretary

Nancy Leghart, Executive Director

THANK YOU FOR MAKING YOUR COMMUNITY A BETTER PLACE

To learn more about our events, programs, or to become an Auxiliary member, please visit sjicarefoundation.org. Scan the QR code to donate.



Making A Difference, Together

Every dollar helps to save lives, comfort people, and provide essentials in the Rockaway community.

718.869.8062 | www.sjicarefoundation.org | [@sjicarefoundation](https://www.instagram.com/sjicarefoundation)

377 Oak Street, Suite 209, Garden City, NY 11530