s t. john's ICARE foundation



Dear Friend,

Picture, for a moment, having to choose between purchasing your lifesaving medication or putting food on the table for your family?

This agonizing situation is what many individuals and families in our community face each day.

Even though we may not see our neighbors, we recognize that the decisions we make impact those around us. We are all in this together.

Improving community health is a top priority of the St. John's ICARE Foundation. We believe no one should be faced with a choice like this and **thanks to friends like you,** our programs and projects are saving lives, providing essentials, and comforting people.

Life for DJ, a young adult patient in our Behavioral Health Program, hasn't been easy. **With substance abuse issues, he found himself without support and facing a dim future.**

With the help and encouragement of the social workers at St. John's Behavioral Health Outpatient Clinic, and the support of a donor to the St. John's ICARE Foundation's Help-a-Family program, DJ was able to turn his life around. He is currently working and went back to school to get his high school diploma.

"I am so thankful for the assistance with my education and personal needs. I'm really looking forward to completing school and getting my high school diploma, which will assist with my career," said DJ.

Community health is the intersection of healthcare, economics, and social interaction. It plays an important role in our everyday lives. Community health is tied to individual health. Good community health equates to healthy people and impacts everything – educational achievement, people's ability to work and be financially healthy, life expectancy, happiness and more.

In addition to supporting hospital programs and equipment, your generous gift of any amount can help provide food, medication, comfort items, clothing and even access to education for a neighbor like DJ, who is now on the road to good health and wellness.

THE MISSION OF THE ST. JOHN'S ICARE FOUNDATION

The St. John's ICARE Foundation fosters a culture of philanthropy to secure, manage and distribute gifts in support of the mission and vision of Episcopal Health Services/St. John's Episcopal Hospital.

- I Innovation 😤
- C Compassion 🖤
- A Accountability ⋮Ξ
- R Respect 🐝
- E Empathy 🖓

Improving community health is a huge undertaking and it will take everyone! It is only possible with your help. Show you care about the health of the Rockaway community by donating to the St. John's ICARE Foundation as soon as possible. As the only hospital on the Peninsula, our community's health depends on it.

Thank you for being by our side on this journey. Visit our website at *sjicarefoundation.org* to make your contribution today.

With Deepest Gratitude,

Namy C. Leghart

Nancy C. Leghart Executive Director



OUR ST. JOHN'S ICARE FOUNDATION OFFICERS



PRESIDENT Renee Hastick-Motes



TREASURER Diane McCarthy



SECRETARY Bertrand Batista



EXECUTIVE DIRECTOR Nancy Leghart





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