

# About Us



Cay Galgon Life House is a nonprofit organization in Bethlehem, PA that prepares pregnant women and mothers of infants for a life of self-reliance. We focus on investing in our community's most vulnerable and fostering stability for the next generation. We envision a community where every woman and child are supported, nurtured, and empowered.

It is important to understand that there are complex and multi-layered challenges that lead to homelessness, joblessness, and financial instability for pregnant women and mothers of infants. They include, but are not limited to absent parental figures, rising housing costs, limited job opportunities, wages below the poverty line, a lack of access to childcare, and mental and physical health disparities.

At Life House, we walk with women who are navigating the challenges of motherhood by letting them know they are seen, known, and loved. You can support our families through financial contributions, conducting a BabyBottle Campaign, consumable goods drive or volunteering. Contact us at 610-867-9546 or [info@caygalgonlifehouse.org](mailto:info@caygalgonlifehouse.org).



## PROGRAMS/SERVICES

### Residential Program

We provide safe, temporary shelter for women who are pregnant and experiencing homelessness, as we help them through these challenging times. In this home environment, we provide intense case management, life skills classes, education support, and agency referrals, with the goal of empowering women to transition to long-term, safe, affordable housing.

### Community Outreach Program

We meet the needs of families in the community who are pregnant and parenting children under 12 months of age by working with the whole family during the vulnerable period from pregnancy to postpartum. We offer case management, basic baby necessities, adult hygiene products, consumable goods, and community agency referrals.

**We prepare pregnant women and mothers of infants for a life of self-reliance**

[caygalgonlifehouse.org](http://caygalgonlifehouse.org)

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