

PERSONAL HEALING & CHANGE SEMINAR

For those who have struggled with painful personal problems or self-destructive behaviors such as chemicals, sex, food, work, anxiety, relationships, etc.

For those in helping ministries and professions looking for effective tools to help family members and others.

For those who want to make both people and churches safe for hurting people.

For those who need Biblically sound tools to help those who want to change to be able to change.

WHAT YOU WILL LEARN

Understand the mystery of the heart and what drives addictions and "why we do the things we don't want to do." (Rom 7:15)

The latest research on the brain and how it explains why we are so self-destructive, along with what it takes to change.

The subconscious fears and needs of both men and women that can sabotage success and relationships.

The use of Genesis tools for a life of personal growth and spiritual change.

How to help others stuck in self-destructive behaviors and relationships.

How to start and lead a "Change Group" for both personal growth and ministry.

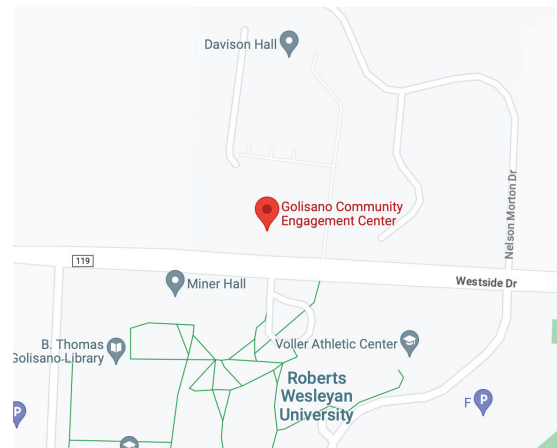
CONFERENCE SCHEDULE

Thursday, September 28 (6pm - 9pm)

- Understanding "what is broken" and why humans are self-destructive.
- The Brain and the Bible; The mystery of changing the "Heart".

Friday, September 29 (8:30am - 4:30pm)

- Understanding and using the Genesis tools for change and healing.
- Healing our "protective personalities" that can be sabotaging success and relationships.
- Recognizing relationships as the source of our pain and healing.
- Starting a "Change Group" using Genesis principles and tools for change ministry.



located at Golisano Community Engagement Center
2280 Westside Drive, Rochester, NY 14624

RECOVERY IS POSSIBLE

THE GENESIS PROCESS: FINDING FREEDOM
FROM SELF-DESTRUCTIVE BEHAVIOR



"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."

ISAIAH 43:18-19

Hosted by:

Open Door Mission

REGISTRATION IS ONLY \$20

(INCLUDES FRIDAY LUNCH)



DEAN PERRY, CADC, Master of Divinity



Dean Perry is an agent of change who brings a wealth of experience and wisdom to recovery centers in the USA and abroad. Using a diverse background of engineering, pastoral work, addictions counseling and program management, he has built successful recovery programs in a wide variety of settings that provide a unique blend of faith based environment and evidenced based results.

After serving as a research engineer in the Air Force and then as a church pastor, he began working with the homeless and addicted in Portland, OR as a case manager and Genesis counselor at the Portland Rescue Mission. By integrating Genesis into the atmosphere of the whole program, PRM quickly saw tremendous success with recovery rates jumping to an average of 75%. In 2006 Dean accepted an invitation from the UK to build a full Genesis program for men, women and children. Within 6 months the retention rates improved to over 50%, and after 2 years recovery rates had soared from 10% to over 90%.

In 2008 Michael Dye, author of the Genesis Process, invited Dean to join him as a Genesis trainer and program consultant, specializing in residential program development. Using the lessons learned and materials developed from his successful experiences, he wrote the *Genesis Residential Program Manual* and the *Mystery of Addiction* recovery class as resources for recovery centers to use. While still working with Mike as a Genesis Associate, Dean personally designed and launched successful programs in Everett, WA and Las Vegas. In 2017 he started *Dean Perry Consulting LLC* to empower recovery centers to become agents of change in their communities by maximizing the impact of the Genesis Process. He currently works as a full time with program management and staff as a consultant and trainer for new and existing programs.

REGISTRATION

To register for the conference, scan the below QR code:



(<https://opendoormission.com/recovery-is-possible-conference>)

***Conference is FREE for members of Citygate.
To register as a Citygate member, please email
development@opendoormission.com or call
(585) 645-0704***

CONTACT

QUESTIONS? CONTACT

development@opendoormission.com
or call (585) 64 5-0704



DETAILED SCHEDULE

THURSDAY

6:00 - Session 1: Origins of the Genesis Process, and the Mystery of Addiction: Why do we do the very things we don't want to do?

Breakout Group #1 (about 15 minutes) 15 minute break

7:30 - Session 2: What's broken with Addictions? How you see it is how you will treat it. What are principles of both the Bible and science that bring healing and change?

Breakout Group #2: (about 20 minutes) 5 - 10 minute regroup and recap, and then go home.

FRIDAY

8:30 - Session 3: The Process of Changing the heart and what drives addictive behaviors.

Genesis Tool for Change #1: The Double Bind Worksheet
15 minute break

10:00 - Session 4: The Addictive Brain and the Process of Healing

Breakout Group #3

11:30 - Genesis Tool for Change #2: The Protective Personality
Lunch Break (1 hour)

1:00 - Session 5: Relationships and intimacy: why the most important thing is the hardest thing, and steps to healing and trusting again.

Breakout Group #4
15 minute break

3:00 - Session 6: Next steps: your plan to continue the process of change, and how to start Genesis Change groups

Breakout Group #4
Genesis Tool #3: The Forgiveness Worksheet
Closing comments and sharing