

BOULDER CREST RUCK-A-THON LIABILITY WAIVER

*Ruck-a-thon participants are required to complete and return this form during event check-in.
Participants unwilling to sign the liability waiver terms and conditions outlined below will not be allowed to participate.*

I, _____ (Participant or Volunteer, First and Last Name, Printed), understand that the Boulder Crest Ruck-a-Thon is a potentially hazardous activity for both participants and volunteers, and I hereby voluntarily assume full and complete responsibility for, and the risk of, any injury or accident that may occur during my participation in the Ruck-a-Thon, Fun Ruck, or volunteer activity, or while on the premises of Dirt Farm Brewing (collectively referred to herein as "my participation").

By my acknowledgment/signature below, I certify that I am medically able to participate in this event, am in good health, am in proper physical condition and have sufficiently prepared or trained for my participation, and have not been advised to refrain from my participation by any health professional. I certify that there are no health-related reasons or problems which preclude my participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue my further participation. I agree to abide by any decision of a race volunteer, staff member, or EMT relative to any aspect of my participation in this event, including the right of any staff member or EMT to deny or suspend my participation for any reason whatsoever. I attest that I have read all the event details and rules and agree to abide by them. I understand that bicycles, skateboards, roller skates or roller blades, and personal music players are not allowed in the race. I will abide by all race rules.

I fully understand that: (a) my participation involves risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) the risks may be caused by my own actions or inaction, or the actions or inaction of others participating in the event, the condition in which the event activities take place, or the negligence of the Released Parties (defined below); (c) the risks may be caused by terrain, facilities, temperature, weather, condition of participants, equipment, vehicular traffic, and lack of hydration; and (d) to participate in the activities, I must be covered by private medical insurance and I agree to recover all damages first from such insurance carrier for any and all injuries that occur in connection with my participation. I acknowledge that there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time, and I fully accept and assume all risks and other such risks and all responsibility for losses, costs, and damages that I incur as a result of my participation.

Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and for my personal representatives, assigns, heirs and next of kin, do hereby release, waive, forever discharge, covenant not to sue, agree to indemnify, and save and hold harmless Boulder Crest Ruck-a-Thon, Dirt Farm Brewing, Boulder Crest Foundation, all event sponsors, their respective partners, officers, directors, agents, affiliates, employees, volunteers and their respective successors and assigns (collectively, the "Released Parties") from any and all claims, demands, losses, actions, liabilities, and causes of action of any sort, known or unknown, foreseen or unforeseen, including, but not limited to, death, bodily injury, or property damage that I might sustain or suffer resulting from, or in any manner connected with, my participation, including, without limitation, those caused by the negligence, wrongful acts, or omissions of the Released Parties.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

(Signature of Person Named Above)

(Date)