

# Why Can't We All Just Get Along?

Solving Conflicts by Understanding Personality Differences

## Defining D-I-S-C

## **High-D Behavioral Tendencies (Directing):**

| 1. Strengths: Risk takers, forceful, problem solvers, self-assured   |  |  |  |  |  |
|--|--|--|--|--|--|
| 2. Motivated by: Challenges and  |  |  |  |  |  |
| <ol> <li>Ideal work environment: Being in control; getting immediate<br/>results</li> </ol>                                    |  |  |  |  |  |
| 4. Under stress: Lack of for ot  | nder stress: Lack of for other's feelings; |  |  |  |  |
| impatience   |  |  |  |  |  |
| 5. Typical conflict response: Challenges others; demands action.   |  |  |  |  |  |
| 6. Fears:; being manipulated   |  |  |  |  |  |
| High-I Behavioral Tendencies (Interacting):  |  |  |  |  |  |
| 1. Strengths: Optimistic, appreciative, fun, inclusive   |  |  |  |  |  |
| 2. Motivated by: experienc   |  |  |  |  |  |
| <ol> <li>Ideal work environment: Being involved with people; positive, ap</li> <li>Under stress: Impulsive; lack of</li> </ol> |  |  |  |  |  |
| 5. Typical conflict response: Denies responsibility; shifts blame.   |  |  |  |  |  |
| 6. Fears: Being rejected;  |  |  |  |  |  |
| High-S Behavioral Tendencies (Supporting):   |  |  |  |  |  |
| 1. Strengths: Good listener, team player, loyal, patient   |  |  |  |  |  |
| 2. Motivated by: Maintenance of status quo;  | others                                     |  |  |  |  |
| 3. Ideal work environment: Lots of harmony and stability   |  |  |  |  |  |
| 4. Under stress: Indirect;   | own needs                                  |  |  |  |  |
| 5. Typical conflict response: Becomes quiet; reluctantly complies.   |  |  |  |  |  |
| 6. Fears: Unplanned changes;   |  |  |  |  |  |
| High-C Behavioral Tendencies (Calculating):  |  |  |  |  |  |
| 1. Strengths: Analytical, diplomatic, systematic, logical  |  |  |  |  |  |
| Motivated by: Being, and data  |  |  |  |  |  |
| 3. Ideal work environment: Quality; tasks done thoroughly and accurately   |  |  |  |  |  |
| 4. Under stress: Overly critical of self and others; may appear  |  |  |  |  |  |
| 5. Typical conflict response: Asks questions; seeks validation.  |  |  |  |  |  |
| 6. Fears: ; criticism of their wo  | rk   |  |  |  |  |

## **Style Shifting: Improving Your Adaptability**

Adaptability: The willingness and skill to \_\_\_\_\_\_ behavior for the benefit of relationships/results.

Similar styles tend to be compatible \_\_\_\_\_.

Work task effectiveness is strengthened by mixing styles.

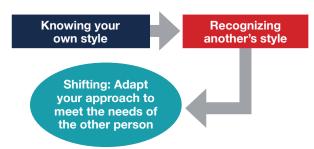
Mixing different styles may result in interpersonal \_\_\_\_\_.

All styles can work together provided certain conditions exist:

mutual trust, mutual \_\_\_\_\_, and a willingness to adapt.

#### Style shifting requires three steps:

- 1) Knowing your own style,
- 2) recognizing the style of another, and
- 3) shifting your style to meet his/her needs for better relationships/results.



Listed below are important shifts for each behavioral style: Highlight or underline two or three bulleted statements that represent shifts in your behavior that would generally help you get better results and/or develop better relationships.

#### High D – Directing Style

- Ask for opinions of others
   Negotiate decision-making
   Listen without interruptions
- Adapt to time needs of others Allow others to assume leadership more often

#### High I - Interacting Style

- Talk less Prioritize and organize Make decisions based on fact
- Stop and think before speaking
   Listen to and acknowledge the thoughts of others

#### **High S – Supportive Style**

 Get to the point more quickly ● Volunteer information more readily ● Be willing to disagree and share your reasons for disagreeing ● Act on your convictions ● Initiate conversation

#### High C – Calculating Style

- Verbalize feelings Pay personal compliments
- Be willing to spend time on relationships
   Engage in small talk
   socialize
- Use more friendly non-verbal language (i.e. smile, nod affirmatively)



## "Why Can't We Just Get Along" Case Studies

## Unmet Motivations + Behavioral Fears + Strengths Overextended = Conflict

2. INFLUENCING

1. DOMINANCE

Here are some characteristics of the four DISC behavioral styles. Discuss your situation below and determine the best strategies to reduce conflict/increase harmony. Use pages 38 and 39 of your assessment to determine if you would increase, maintain, or decrease your behavior.

3. STEADINESS

4. CONSCIENTIOUS

| Decisive<br>Competitive<br>Daring   | Charming People Oriented Convincing Enthusiastic   | Understanding<br>Considerate<br>Good Listener  | Analytical Compliant   |   |
|---|--|--|--|---|
| A. Meet Felicia -   | Enthusiastic - What's her style?<br>cutive Vice-President a  |  | Courteous  | ?   |
| non-government<br>She oversees the<br>zational developr<br>is very organized<br>diplomacy/comp                | al temporary medical une operational management and deployment en thorough and conscient osure in crisis. While no insistent on her own wa   | nits and health care<br>ent and plays a pro<br>fforts for the organi<br>ntious. She is highly<br>ormally calm and tad                    | services for worldw<br>minent role in strate<br>zation's personnel a<br>competent and ma<br>ctful, Felicia can bed     | vide disaster relief.<br>gic planning, organi-<br>and volunteers. Felicia<br>aintains a high level of<br>come critical, over- |
| would:  | u adapt your style with  |  |  | •   |
| Dire  | ctnessOp   | enness   | Pace   | Focus   |
| 2. Would this be  | easy or difficult for you  | to do? Why or why  | / not?   |   |
| Austin is the own just-in-time printi matchless custor with his staff. His has caused confl promises that his | - What's his style?<br>er of a large printing cong services. He is strormer service, he can beden independent and fasticts as they try to meet a staff feel are unrealisticanding and even uncar | ompany that special<br>ng-willed, decisive a<br>come hard-charging<br>acting nature some<br>his high expectation<br>c, which causes stre | izes in providing offi<br>and assertive. In his<br>in making decisiona<br>times alienates men<br>ns. This is especiall | zeal for providing<br>s without conferring<br>nbers of his staff and<br>y true when he makes                                  |
| would:  | u adapt your style with  |  |  | •   |
| Direct  | ctnessOpe  | enness   | Pace   | Focus   |
| 2. Would this be  | easy or difficult for you  | ı to do? Why or wh   | y not?   |   |

| C. Meet Jackson – What is his s   | style?   | Underline the clues below   | N.  |  |  |  |
|---|--|---|---|--|--|--|
| Jackson is the Pastor of a small in personal problems. Jackson normal section is extremely uncomfortable with to come to his office with suggest  | mally buİlds warm rel<br>interpersonal conflict  | ationships with his staff and<br>in his workplace. Jackson  | d congregation. He  |  |  |  |
| Recently Jackson began negotia<br>more services and respond to the<br>forward. His staff are naturally co<br>not in favor of the merger. They have asked repe<br>vironment. They have asked repe<br>meeting, not wanting to deal with   | e growing needs of b<br>ncerned about what<br>nave expressed their<br>eatedly for an informa | oth congregations. He has<br>this merger could mean to<br>concern about losing their<br>ational meeting. Jackson ke | been slow to move<br>them — several are<br>"small-church" en-<br>eeps putting off the |  |  |  |
| How would you adapt your sty would:   |  |   | ·   |  |  |  |
| Directness  | Openness   | Pace  | Focus   |  |  |  |
| 2. Would this be easy or difficult  | for you to do? Why   | or why not?   |   |  |  |  |
| D. Meet Heather – What is her style? Underline the clues below.   |  |   |   |  |  |  |
| Heather is a full-time mom. She's<br>Heather is involved in both of he<br>team, volunteers at her son's boy<br>oversees the child-care workers<br>friendly nature.  | r kids' activities. She<br>/ scout troop, coordi   | is assistant coach of her da<br>nates a car-pool for rides to   | aughter's soccer<br>b band practice, and  |  |  |  |
| Sometimes, though, others find it difficult to keep up with her. She is always on the go and, due to her busy schedule, she is late for appointments, forgets things, and often doesn't meet deadlines. This frustrates those who are counting on her. Occasionally this has caused disappointments and has led to conflicts with her family and friends. |  |   |   |  |  |  |
| How would you adapt your sty would:   | le with Felicia to min   | imize conflict and increase   | harmony? You  |  |  |  |
| Directness  | Openness   | Pace  | Focus   |  |  |  |
| 2. Would this be easy or difficult  | for you to do? Why   | or why not?   |   |  |  |  |
| Remember: False pride and tox Holy Spirit to help replace pride v   | ic fear run rampant v  |   |   |  |  |  |

## **Ideas for Further Development**

- 1) Schedule a one-hour debrief meeting with your team/colleagues from this event. Here are some ideas for discussion in small groups of 4 or 5:
  - Each share one key take-away personally you committed to working on.
  - Each share what you believe to be your greatest strength from the DISC model, and what is the biggest challenge area for you.
  - Each share your style tendency in conflict, and what you can do to minimize conflict.
  - Develop a team action plan with some practical steps for what you can do as a result of this knowledge and information to benefit the team.
- 2) Have each team member complete the Biblical DISC® Assessment, and schedule a group debrief with a Lead Like Jesus DISC Practitioner.
- 3) Organize a small group study with the online *Biblical DISC® Relationship Strategies 8-Week Study* either virtually or in-person. Take a deeper dive into DISC and learn to develop the loving relationships that Jesus envisioned for us. The study is **FREE** to anyone who has experi-enced the Biblical DISC® Assessment. Click here for more details.
- 4) Enroll in the Lead Like Jesus Leadership Academy. This is a series of online resources that can be utilized for a small monthly contribution (for example, \$29 per month gives access for up to 10 participants, \$59 per month gives access for up to 25 participants).

#### Titles in the series include:

- The Heart of a Leader (5 Session Online Experience)
- Breaking the Cycle of Fearful Leadership (3 Session Online Experience)
- When Personalities Clash (4 Session Online Series)
- ... and many more.

These resources include videos, discussion/reflection guides, case studies, assessments, etc.

All Lead Like Jesus resources are available on our website at www.LeadLikeJesus.com

