



STATE COLLEGE FOOD BANK

“One day, no one
will go hungry in
Centre County”



State College Area Food Bank • 1321 South Atherton Street, State College, PA 16801 • (814) 234-2310 • www.scfoodbank.org • Spring 2016

What's for Dinner?

What it Means to Face Food Insecurity

15% of Centre County Residents Rely on Resources Like the State College Food Bank

What's for dinner?

It's a question parents face every day, often planning around busy work, school, and activity schedules. But for many



19% of children in Centre County don't have consistent access to adequate and nutritious food.

families living right here in State College and Centre County, this question is much deeper and far more stressful.

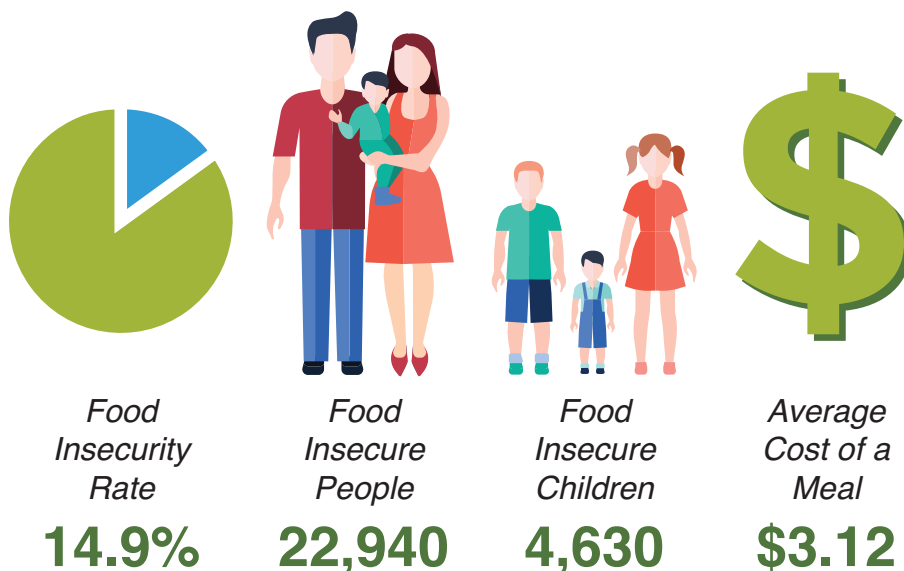
Nearly 15% of Centre County residents—23,000 individuals—are facing food insecurity, which means they lack consistent access to adequate and nutritious food. This percentage climbs to 19% for children under 18 living in Centre County.

Simply put, these individuals, kids, and families don't know where their next meal will come from.

To make matters worse, 40% of food insecure children in Centre County live in households that are not eligible for federal nutrition assistance, like food stamps or other government assistance.

So they turn to us—you and me, and the mission of the State College Food Bank. Your support helps us work toward the goal of providing food security to individuals and families in our service area.

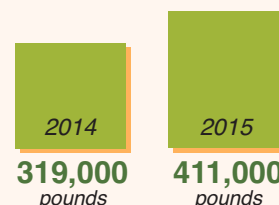
Food Insecurity in Centre County



Giving Grows By Nearly 100,000 Pounds

Last year, we collected 411,000 pounds of food—92,000 more than was donated in 2014. This is a 29% increase!

Donated Food



How You're Helping Us Make an Impact

1,916

Individuals fed in 2015 in

776

Unique households

3,800

Total distributions in 2015

408,500

Pounds of food distributed in 2015, or the equivalent of

340,430

Meals

34%

Food Bank recipients are children

226

Children benefitted from summer 2015 Kids Bag Program, which was an additional monthly distribution of healthy meals and snacks for kids to enjoy while home for the summer

11%

of Food Bank recipients are over the age of 60

More than 100 Volunteers Distribute Food, Build Relationships

April is National Volunteer Appreciation Month, and the State College Food Bank would like to express its endless gratitude for the 100+ volunteers whose tireless dedication keeps the organization alive. Last year, these volunteers spent over 11,200 hours organizing donations, stocking shelves, and assisting clients. Without them, the Food Bank wouldn't have been able to process over 411,000 pounds of food and distribute more than 340,000 meals. Thank you, State College Food Bank volunteers, for your commitment to feeding local families!

"Our volunteers are the heartbeat—the pulse—of the organization. They are the manpower that keeps us going."

*Carol Pioli, Executive Director
State College Food Bank*

Carola Rohrbaugh Retires After 30+ Years of Service

We'd like to recognize Carola Rohrbaugh, who retired this year after being active at the State College Food Bank for over 30 years. During that time, she served as president of the board and spent time volunteering one day a week. Rohrbaugh has been a fixture at the State College Food Bank virtually since it first opened its doors at St. Andrew's Episcopal Church on Fraser Street.

"An Incredible Asset": Linda Brown Named Volunteer of the Year

The State College Food Bank recognized Linda Brown as its Volunteer of the Year for 2015, a title she is "humbled and honored" to receive.



Linda Brown

Brown knows a thing or two about giving back to the community. In the 25 years she has lived in Happy Valley, she has volunteered and served on boards for various nonprofits, organizing special events for fundraising.

After 27 years in consumer product sales, marketing and management, Brown took an early retirement. She then served as Associate Director of Fundraising at Penn State's Smeal

College of Business for six years. "Upon my second retirement I looked around at the needs in State College," said Brown, ultimately deciding that "food and nutrition were a priority."

When she began volunteering at the Food Bank eight years ago, Brown committed to four hours a week; over time, her role has evolved. Currently, she devotes her Mondays to volunteering. In the morning, she sorts incoming deliveries and stocks for client service hours. In the afternoon, she works one-on-one with clients in intake. In her direct work with clients, Brown says, "senior citizens and children steal [her] heart."

Brown has come to cherish the Food Bank's mission.

"The needs are great in our community," she said. "There are so many hard-working individuals who need our help."

According to Executive Director Carol Pioli, Brown's service extends well beyond the work she does within the facility's walls. "It's amazing to see the relationships she has cultivated between

"There are so many hard-working individuals [in our community] who need our help."

the Food Bank and the community," said Pioli. Brown has spearheaded various projects over the years, and Pioli regards her as trustworthy, knowledgeable, committed, and compassionate—an incredible asset to the Food Bank.

Rockin' for the Food Bank: Bruce Springsteen to Help Boost Donations

Food Bank Clients to Benefit from Canning Outside of April 18 BJC Concert

Food Bank volunteers have been invited to collect monetary donations outside the BJC gates before and after Bruce Springsteen's concert on April 18, as they were during his last tour in 2002. For decades, the Boss has encouraged his fans to support local organizations that fight poverty and feed the hungry.



Farmers to Food Bank

State College Downtown Rotary Club Brings Nutritious, Farm-Fresh Produce and Goods to Less Fortunate Families in Our Area

Area farmers' markets make farm-to-table meals possible for many local households.

Roger Fetter, a member of the State College Downtown Rotary Club, has long been a regular at the Locust Lane Friday Farmers' Market. In 2008, he decided to investigate the fate of vendors' leftover goods. Through a conversation with Scott Case of Patchwork Farms, Fetter discovered that unsold goods usually wound up in the compost pile. He saw an opportunity to minimize waste and feed local families who can't afford to fill their refrigerators and pantries at all, let alone with fresh, local options. With the help of fellow Rotarians and the Food Bank, Fetter's design came to fruition.

Farmers to Food Bank is a three-pronged project. Vendors at the Locust Lane Friday Farmers' Market set aside excess products on Friday afternoons; volunteers from the Rotary Club transport crates of donated goods to the Food Bank; where Food Bank volunteers sort, store, and distribute these items.

"It provides Rotary members with a worthy community project and the



From the early days of the Farmers to Food Bank, circa 2009 or 2010: Linda Tataliba, former executive director of the Food Bank; Roger Fetter, Rotarian State College / Downtown; Bill Wylie, Rotarian; and Fran Wylie, Rotarian.

knowledge that they're making a difference in other families' lives," said Fetter.

In 2015, nearly 6,000 pounds of farm-fresh products were collected, bringing the total to about 41,100 pounds in donations since the initiative began in 2008. With minimal expenses, Farmers to Food Bank has supplied environmental, nutritional, and financial gains. Fetter estimates that the project has yielded about \$93,000 in savings in just over

seven years, given what would have been spent at grocery stores to match the magnitude of donations.

"Being able to offer clients fresh, nutritious food is a tremendous asset," said Food Bank Executive Director Carol Pioli. "This initiative aligns with our goal to educate clients on healthy meals to prepare for their families."

More Ways to Give

Centre Gives, Presented by Centre Foundation

May 3-4, 2016

Every gift made to the State College Food Bank through **CentreGives.org**, beginning 6 a.m. Tuesday, May 3 through 6 p.m. Wednesday, May 4, will be amplified by the pool of funds through the Centre Foundation. Centre Gives has raised more than \$83,000 for the State College Food Bank over the past four years. Maximize your support of the Food Bank by donating through this annual fundraiser.

24th Annual Letter Carriers' Stamp Out Hunger Food Drive

May 14, 2016

Watch for more information in your mailbox! Place donations of un-expired, un-opened, nonperishable food items near your mailbox on May 14, and your letter carrier will pick it up and distribute it to the Food Bank. The State College Food Bank received 16,000 pounds of non-expired food in 2015 thanks to Stamp Out Hunger.



Forever Four Outdoors Quadrathlon

July 22, 2016

The State College Food Bank has been selected as one of three beneficiaries of this outdoors event in Spruce Creek, hosted by HomeWaters Club. Team events include clay shooting, fly fishing, trail bike riding, and golfing. Learn more at www.foreverfour.org.

New Van Opens Doors for Growth

Purchase of a Refrigerated Van Increases Food Bank's Potential to Feed Those in Need

Thanks to the generosity of local donors, the State College Food Bank was able to purchase a pre-owned refrigerated van—prompting a 41% increase in Feeding America donations. Feeding America allows a nationwide network of food banks



to receive overstock and package-damaged products from retailers and restaurants. Administered through the Central Pennsylvania Food Bank in Harrisburg, the State College Food Bank's Feeding America program brings in donations from Sam's Club, Walmart, Target, Olive Gar-

den, and Red Lobster. Greater quantities of refrigerated and frozen foods can now be transported from local grocery stores and restaurants without spoiling in transit.

The new van allows the Food Bank to distribute more options to its clients, such as meats, dairy products, and other items requiring refrigeration.

"We're now able to offer more clients more options when feeding their families, beyond shelf-stable staples like peanut butter and cereal," said Executive Director Carol Pioli.

The impact of the new van extends far beyond State College and help additional neighbors in our county. It was with great pleasure that the State College Food Bank was able to pay this generosity forward by donating their old van to Bellefonte's FaithCentre, allowing that organization to increase its capacity for collections and potential to feed those in need.

Nearly 23,000 of Your Neighbors Face Food Insecurity

Help Us Continue to Help Them

Community Giving Goes a Long Way

Local Students Donate 177 Birthday Bags to Help Needy Families Celebrate

Imagine not being able to give your child a cake to celebrate his or her birthday.

That is the reality many families in our community face, as they are barely able to put food on the table at all.

In February, local elementary students embarked on



an initiative to make birthdays a little brighter for those in need in our area. Students from SCASD's Community Education Extended Learning (CEEL) program assembled 177 birthday bags filled with cake mix, icing, sprinkles, and candles to donate to the Food Bank.

"The students had fun decorating and filling the bags, but more importantly, were able to do something that directly benefits our community, perhaps even some of their neighbors or classmates," said Shannon Messick, SCASD Community Education Coordinator.

The staff, clients, and volunteers at the Food Bank were truly moved by the students' generosity. The State College Food Bank sees many children contributing food throughout the year, including many who ask for contributions of donated food in lieu of gifts at their own birthday parties.

"It's amazing to think about children putting others first," said Carol Pioli, Executive Director. "They prove that no matter your life circumstances, you can always do something to help others. That can help build the foundation for the rest of their lives."

Saint Joseph's Catholic Academy Helps Replenish Supply After the Holidays

Members of the Service Club at Saint Joseph's Catholic Academy in Boalsburg worked together to restock the shelves of the Food Bank following our busy holiday season. They donated more than 500 items as part of their food drive.

"The donation from Saint Joe's came at a critical time," said Executive Director Carol Pioli. "Donations are important year-round, but especially after the holiday season when donations dwindle."

Lady Lions Volunteer at Food Bank

An annual tradition, members of Penn State's Lady Lions basketball team spent time volunteering at the Food Bank this winter.



Helping to Make the Holidays Brighter

Staff members from the State College Spikes helped us load a truck to transport all of the food for our holiday distribution and Toys for Tots in December. State College PA Elks #1600 provided us with use of their truck for this annual holiday distribution.

THON Gives Back

We'd like to give a special shout out to Penn State's THON for donating more than 1,000 pounds of food for our clients, including fresh oranges, apples, and bananas!