



# STATE COLLEGE FOOD BANK

*"One day, no one will  
go hungry in  
Centre County"*



State College Area Food Bank • 1321 South Atherton Street, State College, PA 16801 • (814) 234-2310 • [www.scfoodbank.org](http://www.scfoodbank.org) • Spring 2018

## Growing Your Impact in 2018 to do More for Centre County

### *Expanding the Reach of Your Generosity to Help More Individuals & Families*

Thanks to the hard work, dedication and generosity of so many wonderful community members, donors, volunteers and staff over the past several years, the State College Food Bank (SCFB) is in a stronger position than ever to combat food insecurity in Centre County. In 2018, one of the Food Bank's top priorities is to continue that momentum by expanding the reach of its impact.

Last year, the Food Bank worked hard toward impacting more than just our own clients. In addition to the individuals and families we fed within our own facility in 2017, we greatly increased the magnitude of our "re-donations" — surplus food that the SCFB is able to distribute to other organizations, individuals and other product that the SCFB is able to distribute to other organizations, individuals and food pantries in need of assistance. The scope of redonating can range from helping to reduce the strain on another food pantry's tight budget to donating water to local fire companies and anything in between.

"We felt like we could do more than helping just the people coming through our doors," says Food Bank Board President Rich Barrickman, who was thrilled to see the re-donating initiative take off in 2017.

As a result, the Food Bank increased its amount of redonated food threefold, from roughly 20,000 pounds in 2016 to roughly 60,000 in 2017. The hope for 2018 is to continue to build on that tremendous impact.

"That was a great start, but there is still a lot more out there that we can do," says Barrickman. "So this year is all about

answering the question of how we can do that."

In order to answer that question, 2018 will be a year of discovery and connecting with the community in many ways. The Food Bank's mission to grow its services and the amount of people it reaches has to begin with figuring out exactly where and how it can help.

"The idea is that we're going out and meeting with various people and organizations — veterans, senior citizens, youth, the other agencies of the

United Way and other food pantries, just to name a few — to get some assessments," says Barrickman. "We're trying to touch base with them to see if there are individuals out there who are food insecure and could use our help."

Meanwhile, the Food Bank continues to work harder than ever to make sure its services are the best they can be for clients. From providing fresh produce, dairy, eggs and meat, to keeping the facility in top shape, the Food Bank strives to go the extra mile to take care of its clients.

The Food Bank's ability to help as many individuals as it currently does has been made possible by the continued generosity of donors and volunteers. Another of the Food Bank's highest hopes for 2018 is to keep up that same momentum of donations in order to support its goal of exploring new ways to grow and make an impact.

"Because of the generosity of the donors over these years, we've grown so much in the amount of assistance we give. The community has supported us all along," says Barrickman. "We feel very strong right now with where we are financially and in a lot of other aspects, but we can't stop the hard work. Especially

if we do find that there are others out there we can help, we have to keep that coming."

"We're in a very good place because of everyone who came before us, as well as existing people," says Barrickman. "A strong organization doesn't just happen overnight; it's been a growing process since day one, and it builds on itself year after year. And thank goodness we're here now, because we feel there's a lot more we can do in Centre County, and we're hoping to be a part of that."



### Board Officers

Rich Barrickman, President  
Stan Latta, Vice President  
Joan Dashner, Secretary  
Bill Martin, Treasurer

### Board Members

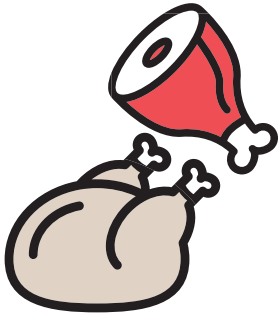
Mary Beahm  
Mark Blonski  
Linda Brown  
Thomas Eakin  
David Gingher  
Gail Hurley  
Tom King  
Craig Millar  
Meg Moose  
Nancy Ring  
Bill Zimmer

### Staff

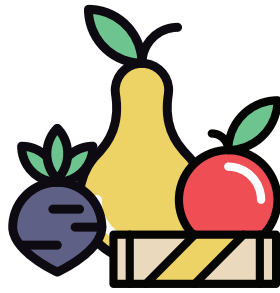
Carol Pioli, Executive Director  
Allayn Beck, Business Manager  
Virginia Meadows, Volunteer Coordinator  
Bill Torretti, Warehouse Assistant

# Thankful Hearts at the Holidays

## Generous Donations Help Feed Families During the 2017 Holiday Season



MORE CHOICES



COMPLETE MEALS



SURPLUS TO SHARE



EXTRAS FOR WINTER BREAK

The holidays are a time of joy. Unfortunately, they can also be one of the most challenging times for the families we serve, but thanks to the generosity of our donors, we were able to provide food so all our clients could enjoy a holiday meal. In fact, this past holiday season was one of the most successful and rewarding ones in the State College Food Bank's history.

Because of you, our clients received everything they needed to prepare a delicious meal and enjoy a joyous holiday with their loved ones.

### Greater Client Choice

One of the expanded benefits in 2017 was a greater variety of options for clients.

"Clients were able to choose between a ham and turkey this year thanks to generous donations from Giant, the PSU football team's Wild Dogs defensive

linemen, the Student Book Store, and a significant gift from an anonymous family," explains Allayn Beck, the Business Manager of the Food Bank. "Our efforts to support families in Centre County this past holiday season wouldn't have been possible without the generosity of these local businesses and community donors."

Offering a greater variety ensures that our clients have the opportunity to make the foods that they like best and not just make do with what is available.

### Everything You Need To Make Holiday Memories

According to Beck, families also received ingredients to prepare side dishes and baked goods to accompany their choice of meat. Among those items were extra eggs and milk, butter, pie crusts, pumpkin, stuffing, yams, cranberries, and fresh

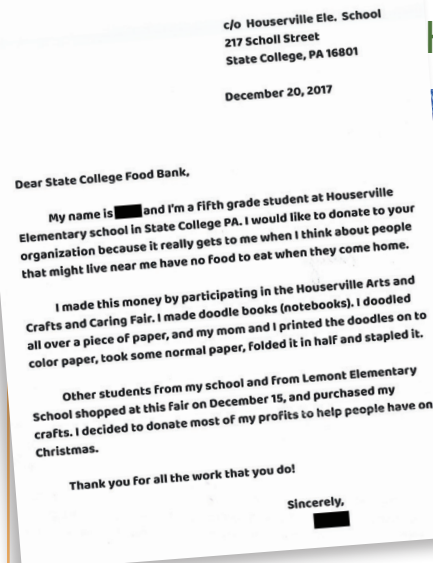
potatoes — all of the makings of a delicious holiday feast, but items that some families simply would not otherwise have access to.

A special thanks goes out to the State College School District paraprofessionals, who made their annual donation of Cookie Bags for each household so that they could do some fun holiday baking. The kits Cookie Bags included items such as cookie mix, icing, sprinkles, and festive cookie cutters.

### Surplus Benefits Clients at Other Local Agencies

The outpouring of support from the community during the holiday season made a positive impact for even more families than you might think. Surplus turkeys were donated to other local agencies serving families in need, such as the Phillipsburg Food Bank, Millheim Food Bank, House of Care, Meals on Wheels, and Strawberry Fields.

## Our Youngest Givers Have the Biggest Hearts



### Extra Groceries for Winter Break

This year, to accommodate State College Area School District's extended winter break, families with children received extra provisions, including an extra pound of ground beef per child, eggs, cereal, fruit, macaroni and cheese, elbow macaroni, sauce, and extra milk. Although only SCASD had an extended break, extra food was given to families from other school districts as well.

On behalf of the families we serve, thank you to all those who made our 2017 holiday season a success! Your ongoing support and donations year round are what keep our programs going.

# The Future of Federal Funding

## What Lies Ahead for the Food Bank If Government Funds Decline

For the State College Food Bank and many other food pantries, the key to being able to help as many people as possible is a combination of food donations, monetary donations and federal and state funding and food shipments. While donations are our driving force, government funds and shipments provide the extra support that allows us to truly bridge the meal gap and reduce food insecurity.

In the Fall, the federal government will vote on the Farm Bill, which could result in changes to federal food shipments and impact agencies like ours.

### Insufficient Tracking Results in Underrepresentation of Need

At the same time, an additional threat is posed by a worrisome decline in organizations tracking the number of people they serve. Across Centre County, the official number of people being served is declining, but that doesn't mean that there are actually fewer people in need of help. Many non-federally funded organizations, such as churches and smaller food pantries, are not required to keep extensive records and to track the people they serve. Unfortunately, this results in an underrepresentation of the number of people who

need food assistance, which can ultimately lead to a decrease in government support.

For the State College Food Bank, federal and state funding supplements our food distribution.

"With the state food purchasing money, we're able to purchase the food we need to fill in the holes when our stock of donated food runs low," says Allayn Beck, the Business Manager of the Food Bank. Federal food shipments provide guaranteed food that the Food Bank can count on receiving monthly.

### Helping People on the Periphery

There are people who are not eligible to receive government assistance but still experience food insecurity and other challenges. Because of the generous donations we receive from our community and local businesses, the Food Bank is able to provide a service that we are extremely proud of: increasing food security for individuals and families who do not qualify for state or federal food assistance but are still very much in need. In some cases, a person could be making just a few dollars more than the government's qualifying amount. Another person may be experiencing a few difficult months and find themselves in need of short-term support. Or, in the case

where someone is homeless or without a permanent address, they are not eligible to receive government-sourced food. Thankfully, the Food Bank can be a lifeline in *all* of these cases by providing food that has been donated directly by the community or purchased by the Food Bank using financial donations.

### Know How to Give, What to Give

Thanks to the incredible efforts of our donors and supporters, the Food Bank is able to go above and beyond, but government support also plays an important role. Looking toward the future, it is crucial to remain stronger than ever in regard to community-based food drives and donations of all types in preparation for potential decreases in federal and state funding.

"We would love to see people really ramping up their food drives and also being educated about what types of food to donate — that's very helpful," says Beck. "The best bet is to call us and let us know that you're interested in helping, and we can coordinate the rest of the important details with you."

To find out how you can help, visit [scfoodbank.org](http://scfoodbank.org) or call us at 814-234-2310.

## Volunteers of the Year

### Arbogasts Make Big Impact in Short Time

Pam and Todd Arbogast are an exceptional husband and wife team who volunteer at the State College Food Bank, and they are a dynamic duo who consistently go above and beyond to support the Food Bank's mission to provide food security to people in Centre County. They arrived in the State College area over 36 years ago, and they both worked as Computer Engineers at Raytheon for 35 of those years. They began that career together on the same day and retired 35 years later, also on the exact same day. They are the loving and dedicated parents to two young-adult sons, and they stay on the move in their retirement years as they enjoy a plethora of hobbies and travel around the state and the country finding fun and

adventure in every nook and cranny. In addition to being loyal and dedicated Food Bank volunteers, Pam and Todd are active members at the Park Forest Village United Methodist Church.

Todd and Pam volunteer at the Food Bank every Monday morning and often step in to help elsewhere as needs arise. Pam's primary role is receiving and sorting donated products such as fresh produce and bakery items. Todd's primary role is as a van driver, doing donation pick-ups and drop-offs. They are also invaluable as leaders during the Food Bank's major food drives like the Boy Scouts *Scouting for Food* drive, the Postal Carriers *Stamp Out Hunger* drive, and CANstruction. As the cans and boxes of food flow through the Food Bank doors,

Todd and Pam can be found working day in and day out, squinting to find

expiration dates, sorting food into boxes and onto shelves, and keeping things organized in the warehouse. They put in many extra hours helping to sort and organize thousands of pounds of food! In the 18 months since they joined our ranks, the Arbogasts have logged over 450 hours of volunteer service at the Food Bank! Pam and Todd Arbogast are outstanding community volunteers, and their enthusiasm and hard work are a blessing to the State College Area Food Bank. We thank you, Todd and Pam, a thousand times over for all that you do!





*Help us to do even more for Centre County in 2018!*

891-030

## STAMP OUT Hunger | May 12, 2018

Thank you to everyone who left donations on/near their mailbox last year! We received over 17,000 lbs. of food!

### Current Needs List

- ✓ Tomato Product  
(diced, stewed, paste, sauce, etc.)
- ✓ Cereal
- ✓ Canned Vegetables
- ✓ Juice (100%)
- ✓ Canned Fruits
- ✓ Jam or Jelly
- ✓ Canned Meats (tuna, chicken, or Spam)
- ✓ Oil
- ✓ Soup (especially Progresso or Chunky)
- ✓ Canned Pasta and Sloppy Joe sauce  
(Chef Boyardee, Manwich, etc.)
- ✓ Gluten-Free Products  
(any type, but especially pasta, cereal, etc.)
- ✓ Shampoo
- ✓ Conditioner
- ✓ Toothpaste
- ✓ Toothbrushes
- ✓ Feminine Products
- ✓ Laundry Detergent
- ✓ Soap (bar or liquid)

*PLEASE NOTE: We cannot accept expired or opened food items. Please check the expiration dates on items before donating them.*

*We are not in need of the following: Baby Food, Baby Formula, or Protein Beans*



# Centre gives

is Coming Soon!

**May 8-9, 2018**

Your generosity has helped the Food Bank earn strong support in this 36-hour local giving event! We are hopeful for another great year!

*Watch your email and the Food Bank Facebook page for our direct donation link!*

## CANstruction State College Builds Resources in Local Fight Against Hunger

*Thank you, 2018 sponsors!*

### Presented By

Nittany Mall  
Wegmans  
Hoffman Leakey Architects

### Signature Plate

M&T Bank

### Chef's Selection

Panda Express  
Pepsi

### Main Entrée

Au Bon Pain Café Bakery  
Blake and Linda Gall

Glenn O. Hawbaker, Inc.  
Hospitality Asset  
Management Company, Inc.  
Restek  
William H. and Amy Sue  
Martin Fund at Centre  
Foundation

### Appetizer

BB&T  
Foxdale Village  
Mission Critical Partners

### À La Carte

Avail Technologies  
Cathy Kennedy

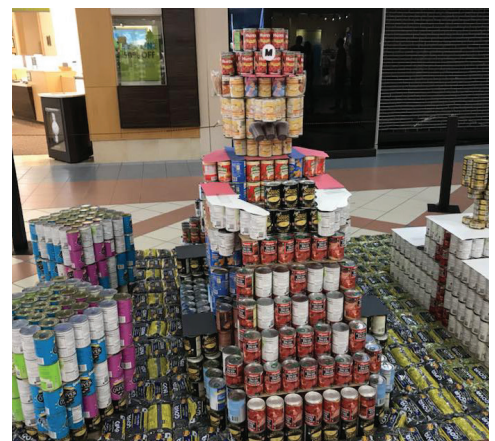
Frost & Conn, Inc.  
Meg and Clark Moose  
Thomas and Sara Songer  
R.H. Marcon, Inc.

### 2018 Committee:

Lisa Hayes, Chair  
Polly Welch | Adam Fleming  
John Sulewski | David  
Gingher | Allayn Beck

### With Generous Support From:

Collegiate Pride  
Seven Mountains Media  
Dunham's Sports



*In its second year, CANstruction donated nearly 9,000 lbs. of food plus monetary donations to the State College Food Bank.*

*Thank you to all the sponsors, teams, committee and everyone who came out to enjoy the incredible creations!*