



TreeSisters is an organisation that has arisen out of an experience of volunteering and therefore places volunteering at the heart of its culture.

Forest Floor Group River Tenders

The What:

A small group of volunteers who will help to hold the strong but gentle riverbanks/guidelines that nurture the *Forest Floor* group in the TreeSisters Nest (a community platform online). This is a role that offers personal growth, the opportunity to be deep in the weaving of healthy sisterhood, and a deeper immersion in intimate sisterhood as you support others. The Forest Floor group is a women only space to discuss the Inner Journey of Awakening and a forum for deep intimacy and sharing.

The Why

Our *Forest Floor* riverbanks create the safety that women need in order to drop into deeper intimacy and sharing with one another. This is a deeper sharing space than other groups in the Nest. Holding those boundaries/riverbanks is crucial to deep reflection, sharing and connection around both Inner Journey materials and other deeper conversations women may wish to have.

How much time will this take?

We are hoping to recruit enough volunteers so that there can be a rota with each volunteer taking on a day each week. When it is “your” day you would probably need to spend about 2 hours tending.

Skills / experience needed for this role

- To have taken the *Inner Journey of Awakening* yourself at least twice

- Willingness to spend time in the TreeSisters Nest and familiarity with Nest functions (very easy to learn)
- Ability to gently but firmly hold boundaries
- Willingness to navigate conflict with care and thoughtfulness
- Openness to operating in an experimental, experiential environment
- Willingness to commit to 4 hours a week of moderating in the course group within the Nest

The Gifts of being a Forest Floor River Tender

- Opportunities for personal growth as you will have a deeper immersion experience in the course materials for the Inner Journey and building intimate sisterhood
- Deep connection to others working their way through course materials
- The satisfaction of seeing a large group of women sharing with intimacy and care, primarily because the boundaries you are helping to hold, create safety.
- Bringing your wisdom and care to each situation and seeing transformation occur
- All TreeSisters volunteers are invited to optional bi-monthly meetings. These calls are a chance to check in and to connect with each other and the organisation. Presently these calls are hosted once a month by Clare Dubois, the founder of TreeSisters, and once a month by Clare-Marie Chapman, the volunteer coordinator.

The Guidelines you will be holding:

1. This group is for your sharings of personal insights and experience of both the Inner Journey of Awakening course and experiments in deeper sisterhood.

Please do not share Facebook posts from other pages or links to outside material such as websites & articles. This is a radical experiment in feminine emergence! Let's fully claim this intimate circle for our own and each other's authentic creativity.

2. This is a sacred circle and everything here is offered in confidence. If you wish to share someone's post, you **MUST** get their written permission. Circle members retain the right not to reply to requests to have their work shared.

3. Please do not use this space to promote yours or anyone else's work, or to undertake personal fundraising. Promoting changes the atmosphere from a nurturing sanctuary to a bustling marketplace. Posters of promotional posts will be contacted by admin and asked to remove them.

4. Our vision is to co-create a supportive, encouraging and inspiring space for heartfelt sharing of our experiences, insights and wisdom about this course. We request that you honour the fullness of each participant, by reflecting back their wholeness, rather than seeing them as a problem to be fixed.

5. Respond to others with love and care. We have a zero tolerance policy for aggression, blaming, attack or judgmental responses. Posters of consistently aggressive comments will be removed.

6 Post from your own experience. For example 'I feel ...', or 'from my experience ...' rather than general statements. This fosters intimacy and reduces inflammatory discussion.

7. Whilst politics & religion are important, we are not offering a space to bring those here. As a registered charity TreeSisters cannot publicly align or criticise religious or political views. Please find an alternative place to share these.

Thank you for your contribution to our circle.

If you are interested in this role then we would love to receive your application.

Thank you for your interest in volunteering with TreeSisters. If you have any questions then please email Clare-Marie, our Volunteer Coordinator, clare-marie@treesisters.org

TreeSisters is a UK charity regd. number 1149961 that promotes feminine education and empowerment towards environmental restoration primarily in respect of reforestation. The charity enrolls women into giving back to the environment by donating to restore tropical forests.