

Photo on left by Cory Vincent; Photo on right by Shane Rounce

Collaboration Within Sisterhood

This call explored the innate relational qualities of the Feminine and how we might reach directly from our heart to the hearts of others. It explores what a healthy version of collaboration within Sisterhood might include and how Nature can support us to deepen into a healthy practice of collaboration.



Welcome everybody, welcome to the TreeSisters New Moon series Gathering in Circles, July 2019. It's really lovely to be gathering with you particularly because our call is actually falling right on the New Moon. Today we're about just over an hour away from the actual New Moon. That's really beautiful that we were able to weave it exactly into this moment.

Really lovely to have you here live and a big welcome to all of you that are going to be listening to the recording. And I want to say a special welcome to any of you that are here for the first time, that are new to either TreeSisters, to the New Moon calls, to the Groves. And don't worry if any of this language isn't yet familiar, it will become clear over time.

My name is Jenny. I take care of the TreeSisters Groves, and the Groves are TreeSisters global network of women's circles all around the world, which is a growing network as more and more of you step forward in leadership to create a local or an online circle.

And we hold these New Moon calls once a month, and they're one of the ways that we give back to you in our network because many of you are out there taking action as a treesister turning towards what really needs to happen on our Earth. And within our teachings of the in-breath and the outbreath, it's really important to keep replenishing yourselves. This is one of the ways that we hope to replenish you by offering you a chance to come together feeling the support of being held within our global circle. And really fuse, to drop into nourishing time, relaxing time where we share a meditation, and we also explore one element of holding circle. As I've mentioned, this call will be recorded, and it will also be transcribed because we have some Grove Tenders who have a lot less access to the internet than some of us do. And transcribing and recording is a way that we can make these calls much more accessible. A big thank you to Terra, who's hosting our call and who always sets up these calls so beautifully and supports me to be here. And that's really lovely.

The theme that we're actually going to explore in our call today is Collaboration Within Sisterhood, and that's a really direct example of how we collaborate. Terra is really holding the tech and I hold the presentation, and together this call comes through us. Whilst I say a little bit more about the structure of the call, it would be really lovely to know who's here and to know how you are, where you're from, so we get a sense of the energies in our circle, that we're going to be together for the next hour.

You can scroll down to the left where there's a Q&A box, and you can just pop in your name, where you're from, how you're doing. It'd be lovely to get a sense of who's here. And also just do whatever you need to get really comfortable for the next hour. Work out what your body needs. Do you want to sit? Stand? Lie down? Do you want to get a blanket? Do you need a drink? Do have your journal with you, because we're going to be doing some journaling questions. And know that you're free to ask any questions about any aspect of holding circle, about what we cover in today's call. And if I don't get to them during the call, we'll share them in our online space, which is called the Nest, and I'll give you a link to join the Nest if you haven't yet done so. I'll do that at the end of the call.



Whilst you're bringing yourselves into the space and letting us know who's here, I'll say a little bit more about the content. As I said, we're going to start with a meditation which is where we come together and start to create a unified field between us. And then we're going to drop into a bit of an exploration around what we're calling Collaboration Within Sisterhood. And it's been coming up recently. I've been doing a lot of one-day events in the UK meeting with lots of women who want to host Groves and hold circles. And I've also been talking to women I know who are already quite experienced in women's work. And this topic of collaboration and opening to each other and working alongside each other, bringing our gifts through, supporting each other to do that together, is very live at the moment. And my sense is that it's rising out of a recognition that so many of us have long histories of going it alone in our lives. In our work, creating a lot, but doing that on our own and being quite solo in the ways that we offer our gifts out into the world. And what we're recognizing is that now we're at a time on Earth where it's becoming so clear that we're more powerful in our togetherness. Really, clear. And it's a journey from that conditioned and familiar way of working alone towards opening to others and creating relationships where we can bring the fullness of ourselves alongside another woman.

So, this is an exploration into what will support us to let go of the perceived safety of the lone wolf approach, and instead turn towards each other with a more open heart in such a way that we can give our gifts. So that we can both raise ourselves up and each other at the same time instead of competing or contracting around each other.

I guess my question is - how can collaboration become one of our superpowers rather than something that threatens us or potentially disempowers us. And it feels really helpful to me to see collaboration as one of the natural feminine qualities. The feminine qualities tend to contain all of those that are relational, and the masculine qualities are more orientated towards one directedness, very very focused, very very precise. Whereas the feminine qualities are much more interconnected, relational ~ the ways in which we extend our hearts out to one another and invite each other into intimacy and connection.

So really it's the dance of the synergy. And synergy is the word for that natural magic that happens when things come together and create something more as a whole than what's possible through those individual parts that have come together. And we know that from circle. When we come together in circle, something much bigger - which is what will happen in a moment when we bring our energies together - something much bigger is possible and is felt rather than the sum of us individually. It's absolutely the power of circle and it's the power that's always been known going back, going back forever really. Circle is this ancient practice of coming together for exactly that reason. And I think even if we're new to circle in this lifetime if we go back in our lineages, all of us will have some lineage, some ancestors that have sat in circle. So it's in our DNA. It's in our bones, so deep down our systems will recognise it as natural and essential. And that's the same for collaboration.



Collaboration Within Sisterhood ~ Page 3 Groves © TreeSisters 2021 The practicals, the format of this call - we're going to drop into meditation where we create our shared forest floor so that we have a direct experience of connection. And from that direct experience, we're going to explore our relationship to collaboration through a gentle inquiry, which I hope will help support a process of moving towards this as a way of being in service in our world. And by the end of the call, I just hope you have a little bit more clarity about your relationship to collaboration, and hopefully some excitement about the possibility of moving through hesitations, which are natural, towards a way of opening to the more that's available when we come together.

Okay. I am going to see who's here. I'm excited. I think it's the energy. Like I said, it's rare to be doing these calls exactly on the New Moon and I can feel that we've got a lot of support. And I'm also aware that we've got an eclipse happening as well. And although it's only going to be visible I think from South America, it's happening on this incredible Earth that we share, so there's potent energies.

Samavesha Gayatri from Lake Arrowhead is asking: "Would you please weave in that it's the total Solar Eclipse today for our Mother Earth energies. Thank you." Yes and I'm feeling it. I'm feeling like the energy is strong and it feels joyful in my heart. And I think I'm just really delighted to be back in this space of New Moon calls with you all. So who's here? Lots of you are here which is lovely.

Monique who was with us in Cardiff and is now in London: "Hello. So lovely to be here with you all." It's really lovely that you're here.

Ann Marie: "So pleased to be with you all." Where are you from Anne Marie? From Port Hope - what a lovely name.

Julie Bielman: "Hi, this is Julz from Southern California." Hey Julz. Welcome.

Maria from Ostra: "Lovely to be here on this moon."



Artist Partner Kathleen Brigidina



Collaboration WIthin Sisterhood ~ Page 4 Groves © TreeSisters 2021 Anastasia from Vietnam asking: "Who's here?" Lovely to have you here. Are you new to TreeSisters Anastasia, or new to these calls?

Kathleen from Delburne: "Hello from my little acreage in central Alberta, I call Peace Grove. So happy to connect with everyone here."

Marilla from Sheffield in the UK: "First time joining a live call and loving that it is happening at the same time as the solar eclipse." Yes, we're all tuning in to these powerful energies.

Kathleen Allen: "Hi Clare. Greetings and blessings to you, Mark and all the sisters." Welcome, Kathleen.

Kathy Wallace from Canada: "Hello, Jenny." Hi Kathy. So lovely that you're here.

We've got Rosemary: "Feeling in a rush - need to slow down and give myself an hour." So glad you've taken that hour Rosemary. Really, really so glad. On a day like today when the energies are really strong, it can be very easy to just be caught up in them and not stop.

Sheila Safer from Wimberley: "Thank you for this today! I need the self-care time and this is such a sweet gift."

Amelie from Brighton: "Hi Jenny." Welcome, Amelie. So nice that you're here.

Tabitha from Dartmoor: "Thank you! So grateful for this!"

And so many more of you. Just loads and loads of you coming in, which is lovely. From Mexico, Scotland, the US, UK, Stockholm, Mariestad, Copenhagen, Australia.

From Geelong Australia - Charlotte: "Greetings TreeSisters. I am glad to be joining you today for the first time." What time is it in Geelong? Wow, my mum used to live in Geelong Charlotte. So lovely that you're here.

So, Anastasia: "Currently living in Hanoi, Vietnam. I happened to check my emails and saw it was 5 minutes to this call. It's currently 1 am here. Glad to have managed to listen." Wonderful.

Okay, we have a diverse circle of sisters here from all over the world who are all in different time zones. Let's just really hold that. Let's hold that we're all in different spaces in terms of place and time, but somehow our energy is all together. And the moon and the eclipse will support that. Thank you, all of you, for sharing. And like I said, let us know if there are questions or reflections that you want.



And if I don't manage to get to them I will share them in the Nest.

I'm going to just settle my excitement and see that kind of dropping and making its way downward a little bit and I'm going to invite all of us to come more intentionally into what we might call sacred space or intentional space where we let go of the business of the ordinary day to day, callings and needs and demands of our lives, and we come into a more conscious connection with each other and with all that is here. One of the ways that we do that is we slow ourselves down, and we pause. There is a really beautiful expression of the sacred pause, which supports us coming much more strongly into the present moment. (pause)

And if you're comfortable to, I want to invite you to close your eyes. If it feels more comfortable just to lower your gaze and let your gaze become receptive so that you're receiving yourself rather than penetrating out into the outer world, turn your gaze inwards. (pause)

And let's see ourselves in a forest (pause).

And because it's the Dark Moon, it'll take a moment for our eyes to adjust. But slowly our eyes will adjust and we'll start to be able to make out the shapes of the trees, and of each other as we gather within a grove of trees in the forest. You can smell the humus, and you can hear the sounds of the leaves, the drying dead leaves on the forest floor, making their way back into the earth to feed the rest of the forest life. You can hear them crackling, snapping under our feet. (pause)

You can hear the wings of the night birds in the forest. (pause)

And as our energy drops into more and more subtle realms, we can feel the delight of the trees, their delight that we've come to gather with them and their welcoming of us. They're encouraging encouragement towards us. (pause)

Maybe we can feel our heart softening as we receive their love and their holding a little bit more consciously. Through the trees, there's a light, and for those of you that are familiar, you know it's the light of our Bedouin tent, which is where we gather in the forest when we come into circle. So let's guide those of us that are here for the first time slowly, steadily through the dark forest, just making our way gently towards our red Bedouin tent that's lit up. Taking the hand of a sister and making your way slowly to the doorway of the tent. (pause)

And as we make our way to the doorway, I'm going to invite two of you to be the hearth keepers and just opening the doors and holding them open for all the other women to move through and find their place. And then as the last women come in, I invite you to bring the doors to a close and just securing them. They're really beautiful beautiful stone. Just rooting the energy of stone down into the forest so that we're also held by that in our time together.



And as you enter into the tent, you'll notice the beautiful, powerful white light that's spiralling in the centre, transforming all the energies, creating an atmosphere of stillness and of ease and heart for us to have circle. Glance around the space and just notice where you're drawn to sit and make your way over there. (pause)

As we're finding our places, settling ourselves and exchanging glances and smiles with the other women in our circle; the ones that are familiar to us, the ones that are new to us, welcoming all equally. I'm going to invite supportive energies to be with us during our time. And I'm also going to instruct any energies that are not supportive to either transform or to leave. Thank you. (pause)

And as we take our place around the central light, just sitting in circles within circles within circles, because there's a lot of us here, just find our way with what we need to settle ourselves. And when we're ready, turning towards the centre and offering up any heart gratitude for our time together, (pause)



Artist Partner Andreas Lie

Okay, so again turning our gaze inwards. We're going to spend quite a time dropping in today. Partly because of the timing of this call right on the New Moon and on the Eclipse and often at New Moon that can feel such a contrasting energy because life continues on with that outer busyness and demands, whilst at the same time there's this exquisite invitation from the Dark Moon holding her hand out to us to join her in dropping beneath all the surface layers, to open instead to our deeper bodies of intuitive knowing, our oceanic feelings and our more conscious connection with all that there is.

Let's start feeling for what our body's systems need so we can let go of anything else that is pulling on us to be here fully. Is there a stretch that needs to happen? A yawn? A shake? What's your body's invitation to you right now?

With the quality of gentleness, let's notice the experience of breathing that's happening in our body and soften into that experience of being breathed. (pause)



As you turn towards more conscious awareness of being breathed, also notice the contact between your body and whatever you're sitting on. (pause)

And give your system permission to soften, even if that doesn't make any sense to your mind. It's not something you have to do. It's an invitation just to invite your body, your system to soften. (pause)

Let's invite the breath down into our bellies. Again just really gently opening our system so that we can breathe more fully, more deeply, really softly. (pause)

And as we become more conscious of the breath moving through our belly, let's imagine that our bellies are breathing the rest of us. (pause)

Being gentle. If the mind is busy, let the mind be busy. It's what the mind does. If you notice that your attention is being pulled by the mind, just really gently choose to bring it back to your belly and let the mind be in the background doing what she does. (pause)

And from that energy in the belly, from the breathing and our attention there, feeling that energy move down our legs. Just expanding down naturally following the invitation from the Earth to drop down. (pause) And as it drops down, see it dropping through our feet, our energetic roots, down through the floor of the tent into the soil below. (pause)

And as our energy makes contact with the soil, it naturally starts to spread out and down. We start to meet with each other, really connecting with each other's recognized human energies, recognising tree energies and just effortlessly becoming one with the mycelium - the root system of our shared forest floor. (pause)

Just inviting you to receive that feeling of being held by the forest floor, being received by her. (pause)

And again, just softening into the experience.

So whilst that's continuing to move down, let's now put our attention into our heart space gently. Just a very light attention, maybe a foot around your heart space and not right into your physicality but just around kind of energetic space. And inviting your physical heart to soften into this expanded energetic house. You feel the heart's energy moving out down through your arms out through your hands. And again as naturally as moving down and out through your feet, it's also natural for your energy to move out into the internet.

This shared energy field that we're turning toward - it's not that we're creating it. What we're doing is becoming more conscious of it. It's always, always there. It's easier to feel and to connect with when more of us come together. It's stronger. But it's always there holding us.



And there's an invitation to just lean into this. This is our nourishment. (pause)

It's as natural as water flowing through riverbanks, this energy that's just flowing through our systems. It knows how to navigate our system.

And then finally, let's just raise our attention up. Again, just a few inches around our third eye - the point between our eyes - not right into our physicality but just putting our attention on the energetic circuit around our third eye. (pause)

Letting that gaze stay receptive. (pause)

Noticing the different qualities of where we're joining our energy. They're fine qualities of the third eye. And then the very joyful loving qualities of a heart and then the very rooted and strong qualities of the belly. And trusting that all of those are going to stay in connection, let's just bring our attention back down into our roots, into our belly. Let's just rest here. We're now consciously part of an energetic web of sisterhood all around the world that have rooted their energies into the forest floor. And in the same way, as a forest holds a variety of trees whose roots have intertwined and come into deep and supportive relationship with each other, that connection, interconnection is also available to us as women.

And if we take the analogy of a forest... you know when you walk through the forest if you bring to mind two or three species of trees that are native to your land - just notice that when you're in a mixed forest, those trees show up fully as themselves. For me, the native trees here might include ash and birch and beech. Birch doesn't try and imitate the ash. It lives alongside the ash, and it might be very connected to the ash. In the mycelium network, they might be sending nutrients to each other, but they hold their own qualities. And the qualities are very different.

To me, that's the invitation of collaboration. And Sisterhood is not becoming a particular type of woman or particular expression of the Feminine. It's letting the Feminine express Herself through us in the unique expression of us. (pause)

This underground connection is extraordinarily supportive. The trees of the same species growing together will sometimes fuse their roots and exchange materials. And trees of all sizes from seedlings to fully grown different species can share nutrients via the mycorrhizal, which is the symbiotic fungi that grows alongside and between the roots, which we're only really starting to understand the power of and the role of. And it's really extraordinary the role that it's holding. And if we turn towards this energy field that's now both around us and within us consciously - just feel how your energy can both give and receive through this way of connecting with the forest floor.

Let's do a little experiment.



In a moment, I'm going to ask all of us to just open our hearts and just really invite our hearts to just send love down into the forest floor.

Okay, so let's do that now. Let's invite our hearts to open and send love down into the forest floor which we're all creating, through which we're all connecting. (pause)

And just notice if your mind wants to get busy with whether or not you've experienced anything and just be really gentle with your mind. Be really gentle.

It's doing what it does, but this is something that's not the mind's job. The mind's job is a particular job that's not about receiving and giving energy. So letting the mind move aside and just feeling our direct experience of this energetic web that we're part of. Once more, let's just open our hearts and send our love down into our shared network. (pause)



Artist Partner <u>Meganne Forbes</u>

It may be experienced in a multitude of different ways. For me, it's like getting a wash. It's like a wash of energy moves through my whole system. For some of you, you might notice particular parts in your body lighting up or becoming a bit more fizzy or heat or just something changing in your experience. There's no one right way to experience this. Let's just settle again, putting our attention back down into our bellies. (pause)

So, from this place of really rooting down, being rooted from your bellies, rooted all the way down into the forest floor. I want to invite you to bring to mind somebody that you might like to collaborate with in some way. This might be a specific person that you already know. It might be somebody for a particular collaboration such as holding a circle together or doing something in service to life that you'd like to do collaboratively. Or it might simply be the feeling of a person to represent a potential partner in some way going forward in service to life. Just bring to mind what feels true for you, around collaboration - a particular person, a particular role, or a being that represents potential partnership going forward. (pause)



Collaboration Within Sisterhood ~ Page 10 Groves © TreeSisters 2021 And imagine this being sitting right next to you in our circle and see their roots also dropping down into the earth. (pause)

As their energy is arising, send energy from your heart directly to their heart as a way of saying hello and welcome. Without any push or force, just invite your heart to say hello to them energetically. (pause)

Then imagine your heart energy moving down your body through your roots. And imagine that this heart energy of yours is energizing you to meeting their roots. So your roots are meeting their roots with your high energy. (pause)

It feels like there's such a willingness in this circle to offer support this way to others. So as that's continuing to happen, bring to mind the ways in which you would like to collaborate or that you might like to collaborate with them - holding a circle, doing a piece of action together in the world, simply becoming allies locally. Maybe it's something that you're not able to put words to yet that's just a longing in you and knowing in you that it would be of service to you and the world to move into collaboration with others.

I'm going to give you a few journal prompts to complete, so I'll just give you a moment to find your journals and your pens. (pause)

Okay, so your first journal prompt... I'm going to give you an open sentence that you can complete. Just free-write. It doesn't need to make sense. You can go back to it and add more to it as well later. "When I imagine collaborating with you, I feel . . . When I imagine collaborating with you, I feel . . ." (pause)

Next one... "In order to open more fully to our collaboration I need . . . In order to open more fully to our collaboration I need . . ." (pause)

Ok, the third one is... "Gifts I bring to this collaboration include . . . Gifts I bring to this collaboration include . . ." (pause)

And the fourth one is... "Gifts that you bring to this collaboration include . . . Gifts that you bring to this collaboration include . . ." (pause)

Okay, and the very last one is... "Teachings from the forest floor that could support a natural and healthy collaboration are . . . Teachings from the forest floor that could support a natural and healthy collaboration are . . ." (pause)



Okay, so just letting that go for now. You can go back to and add to and re-read and re-reflect. For now, just again lowering your gaze and bringing your attention back into yourself. (pause)

Bring at least 80% of your attention right back into your own experience and right back into connection with yourself. And put a hand or both hands over your heart space. And just in a loud or silently if you prefer, just say a welcome to yourself. So welcome, followed by your name. So for me, it would be, "Welcome Jen. Welcome, Jen." Just really, welcome yourself as if you're coming home to yourself. (pause)

It's really important when we do share our energies in this way to come right back into yourself when you're going back into day-to-day life out in the world. So that you're rooted in yourself. And something came to me as we were doing those journal prompts... In a way I feel like the first step in healthy collaboration is to consciously collaborate with your own energy field. To know that really well so that you're rooted in that as you go into collaboration with somebody else. Because if you're rooted there, it's going to be a lot easier for you to hold your centre and be more fully yourself in relation to another. I don't know if that makes sense, but that came. It's like the first step of collaboration. So what we did earlier, in terms of really turning towards our energy and opening to conscious connection with it - that feels a really important step in collaboration.

We're pretty much at time but I do just want to give anyone the chance to share anything if you want to. And if lots of questions or reflections come, I'm going to take them to the Nest. And I'd love for any of you who feel to, to either come and join us in the general Nest or come and join us specifically in the Grove Tenders group, which is a space where those of us that are exploring holding local or online TreeSister circles are supporting each other to do that.

I'm just going to give a moment to see if any of you want to share anything.

Kathleen from Delburne: "This was beautiful and super helpful. Thank you." Good. I'm really glad it was Kathleen. It's a real pleasure.

Ann Marie: "Thank you so much. Very supportive, soothing, inspiring. Bless you all who work so hard to do good here." Bless all of us. Bless all of us who are putting our energy together and creating that field within which so much is possible.

Natalie from London: "Thank you so much. That was powerful. Thank you."

Monique: "That made perfect sense, Jenny. That's what I wrote in the 'what I need' section." Great. Yes, for me, it's what I come back to every time. Last month we did a call here on Feminine Nature-Based Leadership, and it was exactly that. It was finding that field first and then letting our leadership naturally will rise out of our connection to the field.



Jody RedHawk from Cape Cod: "Hi SiStars wonderful to be here with you. I'm so excited to be with you finally on this New Moon Total Solar Eclipse in Sisterhood Collaboration!" Wasn't that perfect, the timing of that.

Jody: "I was born to collaborate. I'm carrying a mission from our Ancestors and Star Family and seeking the core co-creation team to build and disseminate The Healing Community Centers: A Global Franchise for Planetary Ascension and World Peace, Consciousness Education and Integrative Health Care Centers for the Individual Communities of the World. Anyone want to come and play with me? I don't want to be a lone wolf, and I have been for a long time. I am seeking the tribe to bring this stellar organisation to the people and all the children of Mother Earth."

There's a website - yes.

Jody: "And you can find me on Facebook at Jodi RedHawk." Oh, welcome Jody. I'm glad you found us. I'd love to know how this weaves with TreeSisters. What your sense of that is.

Deshanta from Toronto: "I love that in our collaboration we can open up and shed our armour to be truly vulnerable and connected to our healing inside and out." Yes, I love that too. You're absolutely right because in opening to others, of course, it is vulnerable. It is about opening our hearts and dropping some of our defences.

Alicia: "Powerful sharing energy, and so important to collaborate first with our own energy field." Yes.

Kathy from Canada: "Some thoughts Jenny... Collaboration requires sovereign being. We have been brutally conditioned by the capitalist patriarchy with layers and layers of abuse. It keeps us defended and in survivor mode. This interferes with us expanding out and opening and being collaborative.



Artist Partner Ursula Dutkiewicz



Collaboration Within Sisterhood ~ Page 13 Groves © TreeSisters 2021 Whenever we perceive a threat to our survival and well-being, it triggers us to go into defence, because unless we recognize our ongoing, underlying conditioned programs, they activate when we are triggered. How to counter that? Grounding, connecting into great mystery and Mother Earth with protection. Learning to be honest so we own and take responsibility for our stuff. Trying to be aware of our ego needs and not letting them run us."

Kathy, this is wonderful. Thank you. I'm gonna share all of this in the Nest. There's lots more. I'm aware of time and I love what you share. Thank you. And it feels like through that exploration what's come clear for me is - what a huge step it is. It's so needed right now. But it's so interesting because although we... the feeling of these times that we're in is so urgent, the urgency is actually really calling us to slow down, to slow down and go deep within us and to do this inner work that will then allow us to be in the outer in the way that's most needed from us. So yes, absolutely this is sovereign work.

Okay, Maria from Ostra: "I am so happy I was here in person. I'm sure the moon bought me. I did not plan it. I'm just blessed, and I'm from Italy."

Yes, one more to add. Joanne from Toronto: "I felt so held and connected to all the others and had an image of a woman I don't know beside me that felt very nourishing. Blessings to all. A universal energetic forest of Love." Wow!

Thank you so much to all of you. What I'd encourage you to do is to come and join us in the Nest in the Grove Tenders where we can get more into discussion and engaged exploration because these calls... we go to a kind of depth of connection, and I'm always unsure of how much to go into feedback and discussions because it's a different level of connection. And I don't want to pull us out too much from where we've been, especially quickly.

So, I just want to encourage all of you to take some time to integrate this and to take some time to be very conscious as you transition back into what you're next doing in life. Be lovely if you can just sit quietly with your journal or your blanket or with a drink or whatever you need. And then to come into the Nest. If you're already in there, you go to Groups on the left-hand side, search Groups. And above there are different tabs and you press the one that says "Top". And that will show you a list of all the groups in the Nest rather than just the ones you've joined. And Grove Tenders will show up in that so you can then request access to Grove Tenders.

If you're not in the Nest, you can access us by going to www.treesisters-nest.org and you'll be asked to register. It's a really simple process of registering and then you'll be able to find all the different groups within the Nest, one of which is Grove Tenders.

Okay. Let's just drop into a moment of silence as we close. (pause)



So much thanks to all of you. Real gratitude to each one of you for being here, for your energy, for your wisdom, for your willingness. And such blessings on your journey and let's explore this edgy and necessary work of collaboration together. Let's keep doing that.

So much love. Thank you very much.

Bye-bye.

Recorded and transcribed in July 2019 Transcribed by Linéa Stewart of the TreeSisters Scribe Tribe Team Transcribed in British English



Collaboration Within Sisterhood ~ Page 15 Groves © TreeSisters 2021



