

MY LIFE TIMELINE

My Past, Present, and Future

Transfer your four life-altering events/experiences (see separate chart) to this timeline of your life. Then write in significant dates/years (birth, graduation, marriage, conversion, and other major events or experiences). Add important places and people. Use symbols where possible. Share your story with your spiritual friends using this time line. Option: In a follow-up exercise, write two or three future goals or dreams.



My childhood and school years



My young adulthood and early career path



My recent years and up to the present



My future goals or dreams: What I'd still like to accomplish, experience, or become