

Nextlevel Covenant Groups

LAUNCH: Session Three
Version 3

COMMUNITY

Part One

Our goal is to move from isolation to community, from attempting to live our Christian life alone to living it together. Community doesn't just happen when people gather—it takes great effort to establish community, and even greater effort to maintain it and deepen it. It also requires personal risk—the risk of letting others into your inner world. What does this kind of relational Christianity look like? The purpose of this session is to explore how to create this kind of community.

DISCUSSION GUIDE

In small groups, discuss the following and report back to the larger group:

1. Agree or disagree with the following statement:

T or F?

You cannot become a spiritually healthy person without being in a spiritually healthy community.

Note: use this working definition: **Christian community = “living in spiritual interdependence”**

2. What kinds of things (areas) do men have difficulty sharing?

(e.g., fears; weaknesses...)

3. What keeps genuine community from happening?

(e.g., fear of rejection; judgemental responses...)

4. What does my TRANSPARENCY accomplish?

(e.g., sharing my inner world lightens my emotional load, etc.)