

Four Reasons to Keep Daily Appointments with God

The purpose of this short study is to address the common reasons (excuses?) we all struggle to spend personal time with God in His Word and in prayer. We will then discuss some practical ways we can help each other make this a consistent and life-giving priority in our lives.

Excuse: *"I don't need it".*

Truth: **1.**

Action: 1. Confess to God that you have been doing life largely without His help.
2. Ask God to give you a hunger and thirst for Him and His Word.

Excuse: *"I don't have time; I'm too busy."*

Truth: **2.**

Action: 1. Do a thorough and honest time audit.
2. Prioritize it. Schedule it. Do it.

Excuse: *"I don't know how to study the Bible. I don't know how to pray."*

Truth: **3.**

Action: 1. Invest in some study tools. Access free and credible online resources.
2. Invite the Holy Spirit to "guide you into the truth" and enable you to put it into practice.

Excuse: *"I don't have the support or the self-discipline to stick with it."*

Truth: **4.**

Action: 1. Find one other person, or join a small group, to help you accomplish this priority activity.
2. Ask to be held mutually accountable by others with the same desire and goal.
3. Challenge one another. Check on one another. Cheer on one another.
4. Use the "Personal Appointments with God Accountability Guide" with your group.
4. Persevere. Don't quit when it is difficult or you stumble.
5. Remind one another that you are developing a life-transforming, life-time spiritual habit.
6. Start now.