

Antidote to Financial Anxiety

Group Study and Discussion

KINGDOM ECONOMIC PRINCIPLES

1. Invest Wisely: Worry dissipates when we...

- invest in pursuing things that are of eternal value rather than that which is transient
- set our heart's affections on the things of God rather than the things of this world
- let God rule our financial affairs rather than allow covetous self-gain to rule

2. Think Christianly: Worry becomes unnecessary and unbecoming when we...

- observe how our all-knowing Creator providentially cares for our every need
- compare how non-Kingdom people must frantically chase after their wants and needs
- seek God's Kingdom first and watch Him give us Himself as well as all these things

3. Trust Daily: Worry is held at bay when we..

- live by faith one day at a time, compartmentalizing our lives into "today" and "tomorrow"
- trust in the character of our God who loves us, knows us, and promises to care for us

SUMMARY

KINGDOM ECONOMICS

In the value system of God's Kingdom, there is a stark contrast to the world's values. These Kingdom principles have direct application to the challenge of human anxiety, and serve as an ANTIDOTE to the poisonous effects of worry.

- 1. Invest Wisely:** Christians can fend off worry because they have a this-world AND next-world perspective. They can see that temporary things are poor investments, and that their ultimate future is in the hands of God. So they worry less than those who only have this world to find their happiness and fulfillment.
- 2. Think Christianly:** Jesus introduces the idea of trust—the root of the problem of worry, when He says "O you of little faith". We need to see a God who can be RELIED upon to care for all His Creation, and especially those made in His image.
- 3. Trust Daily:** When it comes to worry, it all comes down to one's daily walk of FAITH—complete dependence upon God for not only our future but our present day-to-day needs. ("*Give us this day our daily bread*" v.11 ...so we won't need to be anxious about tomorrow.)

CONCLUSION

So the antidote to financial anxiety is to Invest Wisely, Think Christianly, and Trust Daily. When put into practice, this understanding of God's Kingdom economics will PREVENT and PROTECT you from worry.