Do you or a family member use prescription medications? If so, you may be interested in something called a 'Prescription Discount Card.' Prescription discount cards are available at no cost, they can be used whether you have insurance or not, and they offer discounts of up to 85% on both brand name and generic prescriptions at participating pharmacies.

For example, a cholesterol medication called Fluvastatin can cost up to $150 at Fred Meyer pharmacies with insurance (prior to coinsurance) but costs $38.79 with a GoodRx discount card.

To get the best price on your medications, bring your insurance card and prescription discount card (available on the program's website or via a mobile app) with you to the pharmacy. Each time you pick up a prescription, ask the pharmacist which one will get you the lowest out-of-pocket price. Prescription prices fluctuate regularly, so it's best to inquire about a discount each time.

It is important to note that discount cards cannot be combined with insurance coverage and cannot be used in conjunction with Medicare or Medicaid. When using a discount card, any medication costs would not apply toward your deductible or out-of-pocket maximum.

Click here for additional tips when selecting an Rx Discount Card.