

COMMUNITY ENGAGEMENT PROGRAM

AFTERSCHOOL PROGRAM

MONDAY RESTAURANTS/CAFES
\$10-20

TUESDAY MOVIE CLASS
\$0-10

WEDNESDAY COOKING CLASS
\$8

THURSDAY BOWLING
\$8

FRIDAY COMMUNITY EXPLORATION
\$0-10

CONTACT US:
907-433-1700
DISCOVERYCENTER@HOPEALASKA.ORG

*School picks up available, call us to discuss

The Afterschool program is a recreational, skills based program that provides opportunities for developing healthy relationships between children and teenagers with differing abilities. The Afterschool program provides participants the assistance to follow their interests, find discoveries within themselves, and establish connections with peers in their community through recreational opportunities.

Monday through Friday: there will be school pick up between 1pm and 3pm based off the school schedules. During this time participants can participate in a variety of activities that include socializing with peers with various types of games, and crafts, and be able to have an snack. At 3pm we will start our main activity for the day.

Monday: This class will visit various cafes and restaurants. While we are out we will be working on practicing ordering, talking to community members, peers, and staff. The group will also be able to work on budgeting and money management, socialization skills, social etiquette in the community.

Tuesday: This class will head to the movies and enjoy what it has to offer. The group will work together to pick out what movie to see and talk about cost of going. Other skills that the group will practice are social etiquette while in the community and at the movies, budgeting, communication skills, and to discuss the movie watched. The group will go to movies at the theater or watch movies at the center.

Wednesday: This class will try different recipes weekly. The class will work on reading recipes, chopping, measuring, kitchen safety, and nutrition. The goals of this class include understanding food preparation and kitchen safety, following recipes, and working together as a group to create a recipe.

Thursday: In partnership with Jewel Lake Bowl, the group will head to Jewel Lake to bowl. Bowling is a very popular recreational and competitive activity enjoyed by individuals of all abilities. Bowling is an indoor activity that requires minimal equipment adaptations and is easily accessible across the country. The goal of the class includes community involvement, communication, individual achievement and education (learning the rules of bowling), taking turns and cheering on peers.

Friday: This class will be an opportunity for the group to get out in the community and explore. The class will go to parks, gardens, Dome, YMCA, etc to be able to try new things. This class will work on being able to converse with peers and staff, learn to work together, be able to play team sports and much more.

All classes occur 2pm-5pm with transportation beginning as early as 1:00pm. Opening hours of school break days and Anchorage School District closures vary, check monthly schedules for more information.