

OneVoice "Buzz"

Caring for people with bleeding disorders in developing countries -one life at a time

August 2019

Dear friends,

Jambo! Trying to summit Kilimanjaro (for me, the third time!) is hard; our team told me it's the hardest thing they've ever done in their lives. Yet we all agree it's a walk in the park compared to the lives of those living in developing countries who have hemophilia. We climb for them. And when we suffer on that mountain, we think of them. The patient, kind families we know in Kenya, who are very poor, showed us hospitality that is rare, and a stoicism that is inspiring. We are not depressed by the poverty and pain we



witness; we are motivated! We can and will do more. Our visit to Kenya, and Chris Bombardier's visits to Uganda and Tanzania will lead us to help overcome the challenges these families face daily.

But we can't do it without your help. There will be future climbs—and you are invited! There will be future trips—we want you to come! Thank you to all our donors who gave to the Kilimanjaro climb, and our deepest thanks to the climbers!

Asante sana!

Laurie Kelley Founder and Board President

To read more about Laurie's time in Africa, click here.

Five Climbers Summit Mt. Kilimanjaro!



This month a team of eight Save One Life climbers took on one of hardest challenges: summiting the "Roof of Africa," Mt. Kilimanjaro! At 19,341 feet, this famed mountain is

the highest on the African continent. While the entire team didn't summit, all the climbers should be applauded for their efforts. To date the team has raised over \$60,000!

We applaud these climbers and thank everyone who donated to them. The climbers were:

- Mike Adelman
- Wendie and Ric Chadd
- Myles Ganley
- Laurie Kelley
- James and Sam Palmer
- Shannon Peterkin

This group trained hard and used personal time and money to travel and climb - all in support of the global bleeding disorders community. A few of the climbers have shared their stories with us and a common theme is that although the climb was both challenging and rewarding, meeting our beneficiaries before the climb was what impacted these climbers the most. Shannon Peterkin wrote, "Since coming home I have been asked multiple times what was my biggest 'take away' and/or learning from this experience? I think I have shocked people by not talking too much about Kilimanjaro; rather my biggest take away was how easy it is to impact people's lives in a positive manner."

Myles Ganley shared this: "The problems I face having hemophilia (in the US) seem so trivial after seeing life with it in Kenya. The entire time I was there, I only saw happiness. I saw joy, love, empathy and wonder! People were so curious to hear about my hobbies and activities. I felt bad at first. I never wanted to come across that I was bragging, but after seeing faces light up like a beacon of hope to what hemophilia could become, I was able to share in the happiness and joy. The mountain was amazing, but my heart is still in Kenya!"

It's not too late to donate in honor of any of these climbers!

Donate to our Climbers!

Follow us on <u>FaceBook</u> and <u>Instagram</u> to read more!



Highlights from Africa



The Kilimanjaro team had a wonderful visit to sponsorship and scholarship recipient Javan at the catering school he attends outside Nairobi, Kenya!

They were served an amazing meal and Javan also played several songs that he wrote for the team. The team was also honored to be joined by Javan's mom and his classmates.

Javan will earn his certificate in two months and we are so proud of how hard he is working in school!

Click here to read more!

Five amazing scholarship recipients in Uganda!



Executive Director Chris Bombardier also had an opportunity to visit our wonderful program partner in Uganda. He met with these five men who are committed to improving their education despite the challenges they face with hemophilia! Peter, on the far right, has already graduated with a degree and the other four recipients still have some time left in school. We wish them good luck with their studies!





Left: Shannon Peterkin meeting a beneficiary at a community event in Nairobi, Kenya. The sheer joy for both is clearly visible!

Myles Ganley (above) found his visit to the Murang'a Haemophilia Care Clinic educational *and* rewarding.



The Haemophilia Foundation of Uganda hosted a physical therapy camp for their community with the help of Angela Forsyth and Alice Anderson, two physical therapists from the US. Twenty individuals with hemophilia were evaluated by physical therapists from around Uganda and given some support and simple exercises to help their joints! Many of those in attendance were beneficiaries or Save One Life and Save One Life executive director Chris Bombardier was thrilled to meet them in person.

Chris Bombardier also had the chance to visit the home of Regina, a volunteer for the Haemophilia Society of Tanzania and a mother of two boys with hemophilia.

The journey from the city took over two hours in a private car yet takes Regina over four hours using public transportation. Despite the long distance she still makes it to all the hemophilia meetings and gets her kids to the hospital when they have bleeds. Her main concern is making sure her boys can go to a safe school and that her brother, who also lives with the family and has hemophilia, is taken care of.



This mom is incredibly inspiring!

Helping Women and Girls with Bleeding Disorders Around the Globe



Save One Life and the Hemophilia Foundation of Michigan are excited to share our joint plan to help provide equal opportunity for women with bleeding disorders around the world!

The Hemophilia Foundation of Michigan is currently working with <u>Days for Girls</u> <u>International</u> to produce reusable feminine hygiene kits for women and girls. When Save One Life visits our program partners in developing countries, we will bring these kits with us and hold educational meetings. Not only will this provide needed resources for this segment of the bleeding disorder population, we will also be guiding the discussion around signs of symptoms of bleeding disorders and provide a supportive environment for mothers to discuss the challenges of raising a child with a bleeding disorder in a developing country.

Making sure anyone affected by a bleeding disorder has access to care is an important part of our mission and we are so excited to begin this initiative. But this is just the beginning!

Follow this link to read more!

Our first program was held on August 3 with the Jose Memorial Haemophilia Society-Kenya. Almost 50 women attended the event led by our program partner Maureen Miruka

Follow this link to read more!

Favorite Photos from Africa



We are grateful to our eight climbers! Back Row: Laurie Kelley, Mike Adelman, Myles Ganley, James Palmer Front Row: Ric Chadd, Wendie Chadd, Shannon Peterkin, Sam Palmer













If you like our mission, please <u>donate</u> today. Every dollar counts!

www.saveonelife.net

Copyright © 2019 All Rights Reserved.