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Action News

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Euthanasia – What You Need to Know

Exploitation of the natural fear of suffering and death has led to a growing acceptance of euthanasia and assisted suicide. However, eliminating suffering is not the foremost aim of those who promote medical killing.

The proponents of assisted suicide laws always start by pulling on heart strings. They paint the picture of the terminal patient who is suffering and in pain to draw sympathy. But as we've seen in Canada, it quickly progresses from "assisted" suicide to mercy killing, all the way to killing people facing depression, financial struggles, or going through a mental health crisis. The elderly, disabled, and poor are seen as an expensive burden on society, and the government is incentivized to "remove expenses" to deal with financial crises.

Euthanasia isn't a future problem; it's been here for decades, actually, but only those who have been directly impacted by it believe it's here. It is common today for the elderly to be sedated, dehydrated, and starved to death in hospitals, care homes, and by home-care agencies. It is common for those with disabilities and congenital defects to be denied coverage, given low-quality care, and to even be "removed" before birth by targeted prenatal testing and abortion. All of this is already happening in the USA.

Understanding the terms:

- **Assisted suicide** is when a patient self-administers lethal drugs, prescribed by a doctor or other healthcare practitioner. It is often a liquid cocktail of drugs that is swallowed. Official reports confirm that some people took up to 5 days and 17 hours to die after ingesting the prescription poison.
- **Euthanasia** is when a doctor directly administers lethal drugs to a patient. This is usually done by lethal injection or via an IV. In some jurisdictions where it is legal, there are not enough doctors willing to kill their patients, so non-doctors are allowed to murder their patients.
- **M.A.I.D.** (Medical Aid In Dying) is a euphemistic term for medical homicide. The proponents of euthanasia and assisted suicide use this term as well as "dignity in dying" and "compassionate solutions."

HLA will be releasing the latest version of ***Imposed Death*** at the 16th annual gala. Keep an eye out for it's release to learn more about Euthanasia. And pick up a copy of ***Informed*** to learn what you can do to protect yourself and your loved ones while making medical decisions.

From the President

September 30, 2026, marked the 50th anniversary of the Hyde Amendment, an important milestone in the effort to protect unborn children and prevent taxpayer funding of abortion. First adopted in 1976 and named for Congressman Henry Hyde, the amendment restricts federal funding for abortion through programs such as Medicaid, with exceptions for rape, incest, or danger to the mother's life. It is a funding provision renewed through the annual appropriations process, rather than a permanent nationwide ban on abortion.

Since 1976, the Hyde Amendment has saved nearly 2.7 million lives from abortion[1]. That's worth celebrating.

Protective policies matter. So do the conversations, resources, and practical support that help people understand the dignity of every human life. A woman facing an unexpected pregnancy needs compassion and meaningful assistance. Young people need accurate information and guidance. Families confronting serious illness need support that affirms their loved one's worth.

At Human Life Alliance, education remains central to that work. Our publications equip pregnancy centers, churches, educators, students, and community members to share a life-affirming message and connect people with resources. As we observe Respect Life Month, let us renew our commitment to protecting life through both public policy and everyday action. Share an educational resource. Support a local pregnancy center. Make time for an important conversation.

Fifty years after the Hyde Amendment's adoption, we want to recognize the dedication of those who came before us and draw strength from their example to continue promoting a culture in which every human being is respected and cherished.

Thank you for standing with Human Life Alliance as we continue this important mission. We are grateful for your partnership and look forward to the opportunities ahead to defend the dignity of every human life.

Please consider becoming an Ally for Life by committing to a monthly gift or adding HLA to your Estate or Will to receive a Legacy gift. For more info, please go to ***humanlife.org/ways-to-give***

Melanie Freimuth - HLA President

Scan the QR Code to Join Allies for life

[1] https://lozierinstitute.org/hyde-turns-50-analyzing-the-impact-of-the-hyde-amendment-with-2026-addendum/

Update from Andy

Votum Vitae,

Let me be frank with you about the 2026 mid-terms. If Democrats win control of both Houses of Congress, they can (and likely will) pass federal abortion laws that can erase any pro-life gains made in "red" states. They want to pack the Supreme Court. They want late-term taxpayer funded elective abortions to be the law of the land.

Believe Democrats when they tell you what they will do on abortion if given majorities in the US House or US Senate. Do your research. Vote to defend life from conception.

There are also over 50 ballot initiatives in 2026, including four on abortion. You can find out more info on those here: ***www.liveaction.org/news/four-states-abortion-initiatives-ballot-november***.

I know, I know, some of you hate it when I talk about politics, but politics is being used to legalize abortion and euthanasia. We can't ignore the consequences of pro-lifers refusing to engage in the political arena. Please Vote for Life!

I am coming up to my 3-year anniversary with HLA. It is such an honor to be part of the organization and the broader pro-life movement. One of the big goals I had when I joined HLA was to modernize our infrastructure. We have upgraded our IT and databases. We have a new roof and fresh paint and carpet in our offices.

The thing that we have not yet tackled is fully embracing digital content. Sure, we've expanded our website offerings with ***achildnotachoice.org*** and ***pptruth.org***. We are pushing more onto social media, too. But that's not really what "digital" means.

People don't read anymore, well, not the younger people HLA is trying to reach. Instead, they doomscroll, watching video after video after video. We've all seen it happen to people around us, or maybe it was us glued to our phones.

Getting into their feed is how we can try to reach them with wholesome, pro-life content in the same way our print publications do, just in small chunks. Effective digital content is short but fun direct-to-camera monologues, engaging educational videos, and even humorous encouragement clips. If they see a clip they like, they follow that creator; the algorithm then presents more of your content to that viewer the next time they scroll.

Part of my apprehension to rolling up my sleeves to try to become what they call "an influencer" is that I am not sure a middle-aged bald guy is the right face for young people, especially young women, to take advice from on topics like abortion. Everyone is being encouraged to use Artificial Intelligence nowadays, and it is widely used in digital content creation. AI scares me, a lot, but it is a tool we can use. I'll put it on my New Year's resolution list to get over my GenX era Terminator and Matrix fears.

In the mean time, please check out the other projects we are working on. ***Imposed Death***, an update to ***About That Dream***, and our next Galas. Yes, plural. HLA was founded in 1977, so next year is our 50th Anniversary. We are already working ahead for what will be an amazing event to celebrate life.

If you ever have feedback or questions, please do not hesitate to call or email.

God bless,

Andy Aplikowski
Executive Director
aaplikowski@humanlife.org

HLA humanlife.org Since 1977

Heaven Sent

Highlighting donors and supporters.

"I could not do my pro-life work without the exceptional materials from HLA. This October, I will be having a pro-life table at our public library, and HLA's literature will be handed out to interested patrons. Last year, a pro-life advocate took several pieces to leave out at the mail boxes of her apartment building, so the message was spread beyond the library. A physician assisted suicide law just took effect in my state of Illinois, so I will be including HLA's literature on euthanasia and assisted suicide at my table."
- Teresa

"THANK YOU for making high quality, readable pro-life literature available at affordable prices!

I bring your Abortion Pill Reversal cards with me every time I sidewalk counsel. Our local sidewalk group has a folded brochure which presents the pro-life case & lists local pregnancy help resources. I tuck your APR card inside some of those to have ready to offer to anyone EXITING the death mill. Sometimes they take it!! When they don't, I verbally tell them, "There is a wonderful website: Abortion Pill REVERSAL.com. They have doctors & nurses & free help!" "
- Elsie.

Please email us at ***feedback@humanlife.org*** and let us know how our materials help you.

MN Film Festival

Mark your calendar for **Saturday, November 7, 2026**! The Minnesota Alliance for Ethical Healthcare is hosting the *Life in Focus Film Festival* at the **University of Minnesota's Coffman Memorial Union Theater in Minneapolis, from 9:00 A.M. to 5:00 P.M**.

Through award-winning films, true stories, and thoughtful discussions, the festival will explore human dignity and what it means to provide compassionate care at the end of life. Speakers and panelists will share their experiences advocating for vulnerable people and discuss concerns surrounding physician-assisted suicide.

The day will showcase four feature films, additional short-film screenings, and opportunities to learn and connect with others. Snacks and refreshments are included, with a closing reception beginning at 4:00 P.M.

Community members, healthcare professionals, disability advocates, and anyone interested in life-affirming care are welcome. Invite a friend and take this opportunity to consider how we can better support people facing illness, disability, and end-of-life decisions.

Scan the QR code to register.

Memorials & Celebrations

In memory of: **Fr. Angelius and all the Souls in Purgatory**
From: Grace Martinez

In memory of: **Ramona Clairmont**
From: Thomas Clairmont

Help Us, Please

HLA is working on a much requested update to our popular publication: ***Did You Know***. This one focuses on the impact abortion has and is having on the black community. Our current edition is about 10 years old.

We are seeking your help to provide suggestions for articles, potential authors, or groups that may have good content for this project.

We are changing the name to: ***About That Dream***. It requires less explanation than Did You Know. We will also launch a companion website to provide expanded articles and an online platform to deliver the same great content to younger tech savvy people.

If you or anyone you know has suggestions for content or authors, please let us know. ***feedback@humanlife.org***

Our Publications

At our Gala in November, we are releasing an update to our euthanasia and assisted suicide magazine ***Imposed Death***. We no longer have to imagine the horrors when you give medical professionals a license to kill. We're seeing the headlines everywhere.

Canada has killed almost 80,000 people in the last decade and called it medical care. They don't just kill the terminally ill, they prescribe poison and lethal drugs to the depressed, those enduring temporary mental health crises, and the poor.

We've also seen the slippery slope from assisted suicide to euthanasia taking place in some states here in America. Once physician assisted suicide is legalized, proponents quickly sue or try to amend the laws to remove guardrails.

We've also just added a Spanish edition of our new APR card. And don't forget about our websites for our flagship magazines:

- ***j4gmagazine.org***
- ***studentmag.org***
- ***pptruth.org***
- ***achildnotachoice.org***
- ***imposeddeath.org*** *(coming soon)*

We have also been encouraged by calls from individuals who discovered us through our materials and wanted to learn more about our mission and resources. Please check out all our materials at ***humanlife.org***. A print catalog of current materials is now available upon request.

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About Human Life Alliance

HLA is a non-profit, 501(c)(3), tax deductible organization that promotes awareness of the inherent dignity and personhood of human life, born and preborn, without exception or compromise. HLA exists to inform, inspire, and involve the pro-life community through comprehensive pro-life publications presenting the truth about abortion, assisted suicide, and euthanasia. We equip sidewalk counselors, pregnancy centers, churches, campus groups, and community members to build a culture of life.

HLA has served the pro-life community around the world since 1977 by pioneering educational initiatives, working with policymakers, assisting unwed mothers, reaching teens, and saving the lives of women and their babies—especially young women between the ages 15 and 24 who are in the greatest danger of unexpected pregnancies. HLA presents the truth about abortion and supports life-affirming alternatives to infanticide, euthanasia, assisted suicide, and the so-called "safer-sex" myths to change hearts and save lives every day.

Over the years, HLA has established an extraordinary record of service—an unrelenting commitment and dedication to developing respect for all human life. HLA's goal is to distribute its life-saving materials around the globe to make abortion not just illegal, but unthinkable. Since beginning printed educational campaigns in 1990, HLA has reached over 240 million people in all 50 States, 88 countries, and on all 7 continents.

Learn more about HLA at ***humanlife.org.*** Our financials can be viewed at ***humanlife.org/about-us/financials***

Join Us for HLA's 16th Annual Gala

Join Human Life Alliance on **Tuesday, November 17, 2026**, in Vadnais Heights, Minnesota, for an evening of fellowship and support for a culture of life. **Registration begins at 6:00 P.M., with dinner served at 7:00 P.M**.

Our guest speaker, Alex Schadenberg, is the Executive Director of the Euthanasia Prevention Coalition. He has produced films and documentaries, authored numerous books, and maintains the world's most widely read blog on euthanasia and assisted suicide. His ***epcblog.org*** features nearly 6,300 articles and has received more than 14.5 million views.

Alex lives in Canada where he has witnessed the expansion of assisted suicide and euthanasia. Please join us to hear his powerful message about protecting every human being's dignity through quality care at the end of life.

HLA's mission includes defending a culture of life through education and raising social and political awareness of life-affirming alternatives to abortion, infanticide, assisted suicide, and euthanasia. As interest in these issues grows, we are working with Alex to update ***Imposed Death***, our publication addressing assisted suicide and euthanasia. The updated publication will be released at the gala.

Thanks to generous benefactors, tickets are underwritten, allowing guests to attend at no cost. But seating is limited! Reserve an individual seat or bring friends, family, or your church group for a table of eight.

Visit ***humanlife.org/gala*** or call 651-484-1040 today to register or learn about sponsorship opportunities

Building Relationships and Supporting Life

Outreach is more than sharing materials; it is about building relationships. This year has brought meaningful opportunities to connect with pregnancy centers, support fellow pro-life organizations, and introduce communities to HLA's educational resources.

We attended an Illinois Pregnancy Resource Center Summit and the Care Net National Conference. The smaller Illinois summit allowed us to connect with centers that may not have the budget to attend larger conferences. Driving also gave us the opportunity to visit centers in Wisconsin, Iowa, and southern Minnesota, putting faces to familiar names at two centers that already order from us and introducing HLA to others.

Closer to home, we attended the Life Legal Defense Foundation gala and learned about Chen Guangcheng, the "Barefoot Lawyer." Blind since birth and self-taught in law, he defended victims of injustice in China, including forced abortion and sterilization. After imprisonment and house arrest, he escaped and came to the United States in 2012. His courage reminds us of why defending human dignity matters.

At Pro-Life Action Ministries' Life Banquet, we heard from Dr. George Delgado, a pioneer of abortion pill reversal and founder of the Abortion Pill Reversal Network. We are grateful that HLA's APR fact cards and stickers connect women seeking to continue their pregnancies with medical guidance and support from this great organization.

Our time with Mom's Haven of Hope was another wonderful opportunity to support those who serve mothers and families. We look forward to more local pregnancy center and pro-life fundraising events throughout the remainder of the year, along with the Samaritan Summit in Florida.

We encourage you to get to know the organizations serving your community. If you cannot volunteer, consider attending a gala or fundraiser. Invite a friend, learn about their work, and explore ways to help. Your presence, prayers, and generosity can make a huge difference!

We are always grateful for opportunities to connect, collaborate, and serve. If your state is hosting a conference or your pregnancy center is planning an event, we would love to hear from you. Please feel free to reach out; we would be honored to connect with you. Please reach out to: ***feedback@humanlife.org***