SPRING 2021





# The Spirit of Giving

By Kelvin Cao



When a cure is no longer an option, Hospice of San Joaquin is there for you when quality and experience matter. Our professional staff helps patients regain their sense of power and control over everyday choices and decisions. As a nonprofit, Hospice of San Joaquin ensures that everyone receives hospice care regardless of their ability to pay. The agency's mission and vision is to honor life by ensuring patients and their caregivers are the focus of everything we do and to be the leader in ensuring quality of the journey.

The original proposal in 1980 for Hospice in the Stockton community read, "Hospice Affirms Life!...Hospice exists in the hope and belief that through appropriate care and promotion of a caring community, sensitive to their needs, the dying and their families are helped to attain a greater mental and spiritual freedom. This freedom is the garden in which acceptance and preparation are nurtured."

Generosity comes in many forms, and it's often the best way for you to support important causes that matter the most in your life. When you give to Hospice of San Joaquin, you help us make a difference. We understand how satisfying it is to be part of a greater good.

Giving is not one-size-fits all at Hospice of San Joaquin. There are a number of affordable and convenient ways for you to make an impact. The most important thing to know is that we will work with you to find a charitable plan that lets you provide for your family and support Hospice of San Joaquin.

We encourage you to join with other members of our community to make a difference. Create a legacy of hope with Hospice of San Joaquin by learning the different gift options available to you. Some popular ways to give include: Assets, Wills & Living Trusts, Beneficiary Designations, Charitable Gift Annuities, Charitable Remainder Trusts, IRA Charitable Rollovers, Memorials & Tribute Gifts, Real Estate, Endowed Gifts, Donor Advised Funds, and Charitable Lead Trusts. For more information on how you can create a legacy, visit www.hospicesj.org or by contacting Sandy Stoddard, Director of Development & Marketing at sstoddard@hospicesj.org.



### **BOARD OFFICERS**

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### VISION

To be the leader in ensuring quality of the journey, from serious illness through end of life.

### MISSION

Our Mission is to honor life by ensuring Patients and their Caregivers are the focus of everything we do.

Hospice of San Joaquin 3888 Pacific Avenue Stockton, CA 95204 (209) 957-3888 hospicesj.org





Rebecca Burnett Chief Executive Officer

### COVID-19, Compassion Fatigue, and Perseverance

The last 12 months have been a series of sprints that have rolled into an ultra-marathon. We have spent hundreds of thousands of dollars ensuring that our staff and patients are safe, adjusting office spaces, and acquiring PPE. Our staff has had to deal with personal loss, illness, caregiving, and home schooling; just like everyone else during this pandemic. However, our staff deal with death on daily basis, and with the added pressure of COVID-19, many can experience what is called "Compassion Fatigue". "Compassion Fatigue" is described as indifference to charitable offers on behalf of those who are suffering, due to the

frequency of those offers. Simply put, it is common to get burnt out"

Despite all this, I have seen my staff Persevere, with a capital "P". Even after all the challenges and obstacles they faced this past year, they continue to live the Mission of Hospice of San Joaquin every day. These dedicated and hardworking individuals show up every day and do their best to help others. We offer Yoga, spiritual support, wellness tips, mindful breathing, journaling, and other self-care options to ensure our staff's wellbeing. It is through our staff's inner strength that gets them up every day to continue to make a difference in other's lives, and to me that is what makes these individuals amazing. Which, in turn, makes Hospice of San Joaquin an amazing place to be.

I cannot thank my team enough for what they are doing for our community and I offer a sincere thank you for their Perseverance!

### THANK YOU

#### **BANK OF STOCKTON DONATION**

Thank you to the Bank of Stockton for their generous corporate donation in support of Hospice of San Joaquin's Lodi Regional Hospice Campaign. These funds will help continue to foster the quality end of life care for the greater Lodi region and we are greatly appreciative of their gift.





## BAY AREA CREMATION AND FUNERAL SERVICES

Thank you to Clint Love, founder of family owned and operated, Bay Area Cremation Society and their wonderful staff for their generous donation. These funds will continue to help foster high-quality, compassionate end of life care for the first and only Hospice House in San Joaquin County, Hospice of San Joaquin. [Pictured is Hospice of San Joaquin CEO Rebecca Burnett and Bay Area Cremation Society Pre-Plan Specialist Janeé Effenberg]

#### PACIFIC GAS & ELECTRIC SUPPORT OF TREE OF LIGHTS

Thank you Pacific Gas & Electric employee volunteers for helping us setup and teardown the Stockton Tree of Lights, at San Joaquin Delta College, and Lockeford Tree of Lights, at

Bank of the West! These trees lit up the lives of loved ones this past holiday season and we thank them for their continued support in this annual tradition.





### **RECAP OF EVENTS**



# DECEMBER 2020 VIRTUAL TREE OF LIGHTS CEREMONY

To help mitigate the spread of COVID-19, our Tree of Lights Ceremony was held virtually this year on our Facebook page and website. Tree of Lights offers a chance for anyone in the community to recognize the people who have impacted their lives, through a memorial or honorary light dedication. We thank everyone for joining us in this special evening of remembrance.



# DECEMBER 14, 2020 COOKIES & HOT CHOCOLATE DAY

Our Morale Mama's & Papa's gave out cookies and hot chocolate packets for staff to ring in the season and thank them for their hard work! Special thanks to Janet at the Hospice House for baking the cookies!





"The butterfly was a huge hit! It was fun to wave at the cars and watch the kids reactions." - Sharon Stokes

**DECEMBER 12, 2020 LODI CHRISTMAS EXTRAVAGANZA** Hospice of San Joaquin participated in the Kiwanis Club of Greater Lodi's Christmas Extravaganza. Lodi Butterfly Auxiliary Member Sharon Stokes helped setup the beautiful decoration.

#### DECEMBER 29, 2020 | JIM RUSSOW RETIREMENT

We want to wish the very best to our Chaplain, Jim Russow, on his retirement. Jim has been providing years of spiritual guidance to patients and their families through prayers and mediation services in both one on one settings and virtual sessions. We thank him for his years of service and commitment in providing compassionate end of life care.



### JANUARY 15, 2021 POWER PACK DRIVE-THROUGH

Our Morale Mamas & Papas, employee morale committee, and Board of Directors gave healthy snacks and a special gift to staff as a thank you and appreciation for their hard work and commitment in fostering high quality end of life care for the patients and families we serve.





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### "We're the one with the Butterfly"

### **UPCOMING EVENTS**



#### [DRIVE-THROUGH] EGGSTRAVAGANZA March 27, 2021

Presented by the Tracy Butterfly Auxiliary, a twist on the traditional Easter egg hunt, guests are invited to a vendor-style Eggstravaganza event with the theme "Hop Around for Hospice" where participants will walk to stations to purchase eggs, pick up their lunch, and pick up their prize basket at the end. Each egg offers the winning of the hundreds of baskets. The excitement is accompanied by a pick-up or drive-thru lunch. For tickets, visit: www.hospicesj.org/events/eggs-travaganza

### [VIRTUAL] BUTTERFLY WALK

May 16 - 22, 2021

We invite you to our Butterfly Walk! Get active in the community and support Hospice of San Joaquin's Hospice House, the only hospice house serving San Joaquin County. Every dollar raised through the Butterfly Walk allows Hospice of San Joaquin patients to live life to the fullest through high-level hospice services that include comprehensive and compassionate medical care, counseling and support with state-of-the-art pain control and symptom management. This walk will be hosted virtually, which means walkers can create their own path and walk when they choose. Be sure to use the hashtag, #HSJButterflyWalk to share your walk! To register, visit: www.hospicesj.org/events/butterfly-walk





### [VIRTUAL] BEREAVEMENT GRIEF SUPPORT GROUPS 2021

Hospice of San Joaquin welcomes anyone in the community who is grieving to our virtual support groups. These groups are for adults and children who have experienced the loss of a loved one. Support Groups provide essential tools to move through your grief journey including connecting with others experiencing similar grief pain. Online pre-registration is required and can be completed by visiting www.hospicesj.org or call the Bereavement department at (209) 957-3888. Groups are led by professional bereavement staff and/or trained volunteers.