

PALLIATIVE CARE vs. HOSPICE CARE

Palliative care is available to you at any time during your illness. Remember that you can receive palliative care at the same time you receive other treatments for your illness. You don't have to be in hospice or at the end of life to receive palliative care.

Hospice focuses on a person's final months of life. To qualify for hospice programs, the patient must no longer be receiving treatments to cure their illness.

“I feel as though I have my life back. I'm seeing family & friends, going to church, and enjoying having company. I owe my Palliative Team, Thank you”

- MB Palliative Care Patient



When Quality & Experience Matter

 **Pacific Palliative Care**
A division of Hospice of San Joaquin

(209) 922-0263

3888 Pacific Ave, Stockton, CA 95204

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-209-957-3888

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電1-209-957-3888

All patient services are provided without regard to race, color, religion, sex, sexual orientation, ethnic origin, age or disability, genetic information and any other classification prohibited by law.

 **Pacific Palliative Care**



GUIDE TO
**PALLIATIVE
CARE SERVICES**



“Living each moment”



WHAT IS PALLIATIVE CARE?

Pacific Palliative Care is patient and family-centered care that prioritizes quality of life and seeks to ease the symptoms of serious illness.

It does not replace your primary treatment; palliative care works together with the primary treatment you're receiving. The goal is to prevent and ease suffering and improve your quality of life.

Pacific Palliative care strives to provide you with:

- Open discussion about treatment choices, including treatment for your disease and management of your symptoms
- Coordination of your care with all of your health care providers
- Emotional, physical, psychological and spiritual support for you and your family

PALLIATIVE CARE IS A TEAM APPROACH TO A PATIENT-CENTERED CARE

Your Pacific Palliative care team may include:

- Nursing
 - 24-Hour phone support
 - Medication education
 - Education on disease & disease process
- Social Services
 - Assistance with community resources
 - Emotional support - biopsychosocial assessment
- Chaplain Services
 - Spiritual Support
 - Available for in-home visits

HOW DO YOU KNOW IF YOU NEED PALLIATIVE CARE?

You may want to consider palliative care if you or your loved one:

- Suffers from pain and/or other symptoms due to ANY serious illness
- Has physical pain that is NOT under control
- Needs help understanding their illness and discussing treatment
- Needs additional supportive services
- You are having to make frequent MD or ER visits for symptom control. i.e. pain, nausea, shortness of breath

WHERE IS PALLIATIVE CARE PROVIDED?

Palliative care can be provided in the hospital, at outpatient clinics, or at home.