

We Care...

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**Canadian Lutheran
World Relief**



Join the We Care Network today!

Since 1946, Canadian Lutheran World Relief (CLWR) has sent aid to people experiencing need around the world. CLWR's We Care program continues to ship thousands of urgently needed supplies every year through the donations of dedicated congregations, service groups and individuals like you. Your gifts of love are received by people affected by poverty or displaced by war, hunger or natural disaster, and are vital to the operation of hospitals, schools, refugee camps and development programs. Your support changes lives.

GETTING INVOLVED IS EASY

- 1) Order your cloth We Care bags, quilts tags, We Care Bear T-shirts and Hygiene Kit buckets by contacting 1.800.661.2597 or wecare@clwr.mb.ca.*
- 2) Assemble your kits or quilts using the instructions in this brochure.
- 3) Ship the completed kits or quilts free of charge to our warehouse via Home Hardware's free shipping.
- 4) Register your email address to receive regular updates on where the kits and quilts are sent and to learn how your gifts have made a positive impact.

*SUGGESTED DONATION FOR EACH BAG, TAG, BUCKET AND T-SHIRT IS \$5.

Why is this necessary? The cost of shipping a container to places such as Kenya, Mauritania, Jordan and Nicaragua can range between \$7,000–\$11,000. Your donation helps defray warehousing and ocean freight costs. And once they arrive, the cheerful and practical We Care cloth bags and sturdy plastic buckets remain useful for years to come, a reminder of the kindness of strangers thousands of kilometres away!

BABY BUNDLE

A gift of warmth and comfort for mothers and newborns

- 2 sleepers or gowns
- 2 undershirts or “onesies”
- 2 receiving blankets
- 6 safety pins
- 2 washcloths and 4 cloth diapers

(68.5 cm x 68.5 cm—unfitted)

- 1 sweater or sweatshirt

Wrap the goods in one of the receiving blankets, secure with safety pins and place into a We Care bag.

SEWING KIT

Invaluable when money is tight

- 1 package of hand sewing needles
- 3 yards or metres of cotton/cotton-blend fabric
- 2 spools of thread
- 1 card of buttons
- 1 pair of scissors

Wrap all items inside fabric and secure with string. Place inside a We Care bag, secure with masking tape and mark: “Sewing Kit.”

WE CARE BEAR

A handmade teddy bear is a perfect addition to a Learning and Living Kit and a treasured gift for a child. Bears can also be donated individually. Knitting instructions can be found on our website (www.clwr.org/WeCare). We would be happy to send samples of We Care Bears to anyone interested in making them!



LEARNING AND LIVING KIT

Providing the next generation with the tools to learn

- 3 lined notebooks
- 10 unsharpened pencils with erasers
- 1 metric ruler (30 centimetres), 1 pencil sharpener and 1 eraser
- 1 pack of crayons (or pencil crayons)
- 1 small and simple toy (new and not requiring batteries)
- 1 bar of soap and 1 toothbrush (new and wrapped)
- 1 tube of toothpaste (expiration date no earlier than one year)

Arrange all items on the notebooks and place into the We Care bag. Fold over the top of the bag and secure with masking tape. Label by writing "Learning and Living Kit" on the masking tape. Attach the toy to the outside of the kit with string or a rubber band.

TEACHER'S KIT

For those who make a difference

- 1000 sheets of lined paper and 1000 sheets of blank or coloured paper
- 20 pairs of scissors
- 20 metric rulers (30 cm), 20 erasers, 20 pencil sharpeners
- 10 calculators
- 5 packs of pencils and 5 packs of markers
- 2 geometry sets
- 1 box of paper clips and 1 pack of rubber bands
- 1 deflated soccer ball with sports pump
- 1 stapler with box of staples

Place all the items inside a sturdy box and pack with crumpled newspaper. Secure with packing tape and mark: "Teacher's Kit." Please include a donation of \$10 to cover the cost of shipping.

HYGIENE KIT

Basic toiletries for comfort and dignity

- 1 bar of soap and 1 toothbrush (new and wrapped)
- 1 tube of toothpaste (expiration date no earlier than one year)
- 1 washcloth and 1 hand towel
- 1 wide-tooth comb
- 1 box of plastic bandages
- 1 small container of Vaseline
- 1 emery board and nail clippers

Arrange all items neatly inside hand towel, wrap and secure with string. Place inside a We Care bag, secure with masking tape and mark on tape: "Hygiene Kit." To request that your kit be placed in a reusable plastic bucket instead of a bag upon arrival at our warehouse, please contact wecare@clwr.mb.ca or 1.800.661.2597. For guidelines on ordering buckets, please visit www.clwr.org/WeCare.

SUNDRESSES AND BOYS' SHORTS

A simple gift to brighten young girls' and boys' lives

Bright and colourful sundresses for girls and shorts for boys are useful gifts and fun projects for both novice and experienced sewers.

Patterns for boys' shorts and girls' pillowcase sundresses can be found on our website (www.clwr.org/WeCare). We would be happy to send samples of sundresses and shorts to anyone interested in making them.

By attaching a We Care fabric tag you'll help get your gifts overseas to the children who need them most. Tags can be ordered from CLWR by phone (1.800.661.2597) or email (wecare@clwr.mb.ca). The suggested donation of \$5 per tag covers the cost of shipping the dress or shorts overseas.

**Donations help cover international shipping costs and are always appreciated.
Please mark your cheque "ocean freight."**

WE CARE BAGS

CLWR's We Care bags are supplied in accordance with fair-trade standards and practices that provide meaningful and just employment to those in the developing world.

QUILTS AND BLANKETS

CLWR has proudly shipped hundreds of thousands of blankets and handmade quilts around the world. These cherished gifts provide comfort, warmth and shelter, and are a compelling example of Canadian compassion. Quilting groups have supported the work of CLWR for decades and we thank them for their dedicated service.

- Adult quilts should be approximately 1.5 x 2 metres (approximately 60 x 80 inches) and of medium weight and thickness (approximately two kilograms or four pounds).
- Simple and sturdy machine-sewn quilts are best.
- Tie layers together with yarn or floss.
- Smaller children's quilts and blankets are welcome.
- Blankets should be clean and in good condition.

Request a We Care fabric tag for your quilts and

blankets! Order by phone (1.800.661.2597) or by email (wecare@clwr.mb.ca). The suggested donation is \$5 per tag to cover the cost of shipping the quilts and blankets overseas.

OTHER ACCEPTED ITEMS

The We Care program strives to make our shipments as diverse as possible to help those in need. Below are some items we will gladly accept:

- Bulk toys that don't need batteries
- Bulk soccer balls (deflated with pump included)
- Bulk school supplies (please see the Teacher's Kit and the Learning and Living Kit for items that are needed)
- Unused home care supplies are also welcome. They must be sterile and a year or more before their expiry date.

In compliance with the needs of our international partners, these items are NOT ACCEPTED: underwear or socks, cloth handkerchiefs, bulk clothing (new or used), used or unwrapped soap, shampoo, conditioner, expired toothpaste or toothpaste not bearing the seal of the Canadian Dental Association, and any medication. We Care Kits should include only the items listed. All kits are inspected by volunteers.

JOIN THE WE CARE NETWORK

Register your email address with the We Care Network by sending an email to wecare@clwr.mb.ca. You will receive regular updates on past and upcoming shipments, learn about special projects and keep in touch with other supporters across the country.

Please check out our website (www.clwr.org/WeCare) for additional resources like patterns, shipping labels, photos and a digital version of this brochure

VOLUNTEER

CLWR loves to welcome volunteers at the Winnipeg warehouse. Simply send us an email or call 1.800.661.2597 to speak to someone about volunteering.



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SHIPPING INFORMATION

1. After completing your project, pack the items in a sturdy box (please, no bags) and attach a CLWR shipping label (available at www.clwr.org/WeCare).
2. Ship boxes FREE of charge to our Winnipeg warehouse by dropping them off at any Home Hardware store. Please contact us about using regional carriers such as Arnold Bros. Transport Ltd.
3. Send donations for bags, tags, T-shirts and buckets to our head office address. Credit card donations can be taken over the phone.

CLWR Head Office

600-177 Lombard Ave., Winnipeg MB R3B 0W5

We Care Warehouse

549 King Edward St., Winnipeg MB R3H 0N9
1.800.661.2597 • wecare@clwr.mb.ca • www.clwr.org