



Gifts from the Heart



Your **Gifts from the Heart** share God's love with the world and make a meaningful difference in people's lives. In this year's catalogue, you'll find gifts suitable for any occasion that will inspire and delight your family, friends and loved ones. Thank you for giving Gifts from the Heart — by doing so, you are creating a world where all people can live in justice, peace and dignity.

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Karin Achtelstetter, Executive Director



Here's how it works!

- 1. You choose just the right gift for that person on your list, like a pair of goats or a flock of chickens!
- 2. We'll send you a beautiful card you can share with your loved one to tell them about the special gift made in their honour.
- 3. Your gift changes lives thank you!

3 ways you can give Gifts from the Heart today:

- 1. Fill in and return the enclosed order form in the envelope provided.
- 2. Give safely and securely online at www.clwr.org/GFTH
- 3. Call toll-free: 1.800.661.2597

We're working with people around the world to determine what they need to be self-sufficient, and your gifts are a critical part of empowering them to live in justice, peace and dignity. All gifts featured in Gifts from the Heart represent real items from our work around the world, and the symbolic gift you choose from Gifts from the Heart will help support communities with the items they need most. Charitable donation receipts are issued to the donor for all gifts.

Where needed most

Our mission

Inspired by God's love, we respond to poverty and injustice, and we challenge their root causes.

By giving to where needed most, you allow us to carry out that mission quickly and effectively, all around the world.



Symbol key



New gift





Green gift

These items are helping people adapt as the climate changes.



Share hope in crisis

Emergency response fund

When disaster strikes, it's your gift that will allow us to respond. Your gift, of any amount you choose, will respond immediately to people in emergency situations around the world.

Shelter for refugees

Shelter is especially important for vulnerable people like single mothers, the elderly and people with disabilities. Your gift will help build a shelter for a family that has been forced to leave their home.



choice

Refugee sponsorship

What would "welcome home" mean to you if you were forced to leave everything behind? Your gift will help settle refugees right here in Canada, providing a caring community and a "welcome home".

\$ Your choice

Emergency food

Give life-saving food to a family in an emergency. When disaster, drought or famine strikes, your gift will allow our local partners to immediately get life-saving food to families facing severe malnutrition. Your gift will be matched 4:1!



Life in a temporary settlement is especially hard for people with disabilities. By giving a mobility aid to a person living with a disability, you share improved quality of life and help restore dignity.





Share the gift of food

Seeds

Hope grows from the smallest seeds! For people starting over after drought, disaster or war, seeds provide healthy food and the ability to earn an income. Your gift can become a full garden for two families!





Your gift of garden tools like spades, rakes and hoes will help families grow gardens full of healthy food to eat and sell at the market.







Crop know-how

Give training to farmers so they can grow more food to feed themselves. their families and their communities.







Fight drought

In Ethiopia, drought has put farmers at risk of losing their livelihoods, with many forced to leave their homes. Your gift can give farmers hope through the construction of irrigation canals that will connect farmers' fields to a steady water supply.

















Water purification device

A water purification device gives a displaced family clean water for cooking, drinking and washing, and reduces the risk of waterborne disease.



Clean water for a family in Yemen

In Yemen, more than 17 million people don't have clean water. Your gift will help rehabilitate a community water source, outfitting it with a solar-powered system to give families safe, clean water from a sustainable source.

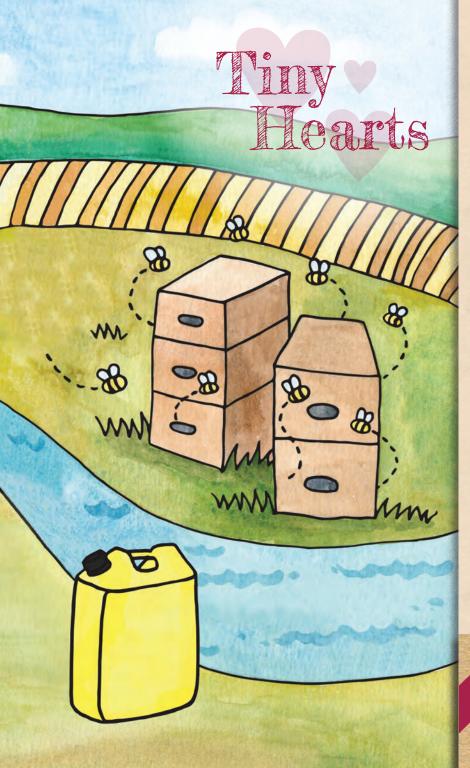
Build a latrine

Your gift provides a refugee family with the materials to build their own latrine, improving health, hygiene and safety for the whole family.









Tiny Hearts

Let your little ones share in the joy of giving with our Tiny Hearts garden!
Choose gifts from this page for the *Tiny Hearts* in your life, and you'll help give a family everything they need to grow their own food. Here are some great gift ideas to bring your little one joy and let them be part of changing lives around the world.



Whole garden



Flock of chickens

Families who've had to flee their homes need a way to generate income again. Help a family start a small chicken farm, which gives them eggs, meat and a way to build a livelihood.

Pair of goats

Goats meet many needs — their milk, cheese and meat add healthy protein to diets, and their young can be sold to pay for education, housing and healthcare, or given to other families in the community.

Start-up money

Start a business! Your gift becomes seed money for a Village Savings and Loan Association, giving displaced families a chance to start a business to meet their family's basic needs.

\$45



70

\$90





Hygiene kit

You can provide refugees and displaced people with basic toiletries like soap, a toothbrush and a washcloth.



A safe birth

Give a gift of health and hope for mothers and their newborns! Your gift will help provide delivery beds, postdelivery beds and supplies to over-stretched health centres in Northern Uganda.

Dialysis for a child

Giving dialysis to a child with kidney disease can save their life. Your gift provides treatment for kids at Augusta Victoria Hospital.







Give women the thrive

Technical scholarship

Give a young woman in the West Bank a scholarship so she can attend technical or vocational school. In a region facing chronic poverty and unemployment, you can help launch a young woman's career this year!





Dignity kit

In Myanmar, most women who are displaced can't get basic menstrual health items, which stops them from leaving their homes, going to school or work. When you give the gift of a dignity kit, which includes soap, underwear and sanitary pads for women, you're giving them an equal opportunity to work and learn.

Women in business

In Uganda, many single mothers are displaced and don't have a stable source of income. Your investment in an aspiring entrepreneur will equip her with what she needs to start a business.



Solar lights for safety

In refugee settlements, women and girls are particularly vulnerable. Make sure community water sources, latrines and other public areas are well lit by installing a large solar light to keep women and girls safe.



Skills training

Your gift will help displaced women in Myanmar receive skills training so they can find jobs and become selfreliant.





















Equip a school

Having safe, healthy spaces to learn and play is vital for children to grow and thrive. Your gift will renovate schools, giving students the foundation they need for a strong and vibrant future.

\$250

Living and learning kit

Help children grow into their potential, today and in the years to come. A kit includes tools for learning like pencils, crayons, notebooks and toys, and also health items like soap, a toothbrush and toothpaste.

Soccer ball

and pump

Give children the chance to play! Soccer balls are a prized item for children living in refugee camps or displaced person settlements.

\$35

Train a teacher

Helping teachers develop their skills benefits everyone they teach. Bring hope and learning to children and adults by supporting the educators who make schooling possible.

Girls' vocational

camp

Send a Palestinian girl to camp, where she will get hands-on experience exploring career options and discovering her abilities outside of traditional roles.









This year George and Marilyn Haugen are giving a **Gift from the Heart** in memory of their daughter, Melanie, who passed away suddenly in August 2017.

"Melanie had a very strong sense of justice for women and giving them a chance," says Melanie's mother, Marilyn.

"She was a supportive mentor to many young women as they got started in their careers."

Melanie is remembered by her family as someone with a vivacious spirit, who possessed great strength, determination and a lifelong thirst for knowledge. By making a legacy gift in her honour, Marilyn and George know Melanie would be proud to give women and girls the opportunity to expand their own knowledge and reach their full potential.



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